REGIONAL RESOURCES LIST

FOR

PERSONS WITH DISABILITIES

JULY 2015
**Resource Centers**

**Alta Regional Center:** Alta California Regional Center (ACRC) is a private, non-profit corporation working under contract with the State of California, Department of Developmental Services, to provide services to persons, age three and above, with a developmental disability pursuant to the Lanterman Act. The Alta Regional Center can particularly provide resources for employment, special education, and applied behavioral analysis services.
Phone: (916) 978-6400
Website: [http://www.altaregional.org/](http://www.altaregional.org/)

**ARC of California:** The Accessibility Resource Center of California (ARC) provides resources and assistance for supported employment, supportive living, and leisure activities among others.
Phone: (916) 552-6619
Website: [www.thearcca.org](http://www.thearcca.org)

**Disability Rights CA:** Disability Rights California offers a number of resources for individuals with disabilities. They will give referrals for legal help, advocacy, and other outreach groups.
Phone: 916-504-5800
Website: [http://www.disabilityrightsca.org/about/index.htm](http://www.disabilityrightsca.org/about/index.htm)

**MIND Institute:** The word “MIND” in the MIND institute stands for: Medical Investigation of Neurodevelopmental Disorders. The Mind Institute is a leader in research for Autism, ADHD, Fragile X syndrome and other similar developmental disabilities. The Mind Institute frequently does studies involving the local community and offers resources regarding developmental disabilities.
Website: [http://www.ucdmc.ucdavis.edu/mindinstitute/](http://www.ucdmc.ucdavis.edu/mindinstitute/)

**Society for the Blind:** Provides comprehensive services for the blind, including cane travel, braille, computer classes, low vision optical specialist, support groups, social workers, camps, and retreats.
Phone: (916) 452-8271

**Warmline:** Warmline is a wonderful starting place if you are looking for disability resources from birth to early adulthood (ages 0-22). The organization serves Yolo, Sacramento, Placer, and El Dorado County. Some examples of the services provided are resources for legal help, advocacy, special education, adult transition, and recreation among others.
Phone: (916) 978-6400
Website: [http://www.altaregional.org/](http://www.altaregional.org/)

**Yolo County Library:** Yolo County Library has an extensive resource list for the local community with their 2-1-1 Yolo program. Resources include, but are not limited to: senior services, food services, health and well-being, LGBTQ services, and crisis services. Visit their website for more information.
**RECREATIONAL RESOURCES AND GROUPS**

**Alt Rec Program:** The City of Davis offers an alternative recreation program, with fun services for children, teens, and adults with disabilities.  
Website: [http://community-services.cityofdavis.org/inclusive-recreation](http://community-services.cityofdavis.org/inclusive-recreation)

**Best Buddies:** Best Buddies is a program that pairs individuals with disabilities with college students. Together, they do a variety of activities.  
Website: [http://www.team-davis.org/start/Activities/Best-Buddies/index.html](http://www.team-davis.org/start/Activities/Best-Buddies/index.html)

**Team Davis:** Team Davis is an all-volunteer non-profit organization established to help enrich the lives of children and adults with developmental, cognitive and/or physical disabilities living in or close to Davis, California. Team Davis sponsors athletic, social, cultural and recreational activities that help build physical skills, a sense of camaraderie, and a more fully integrated connection with the Davis community.  
Phone: 530-753-8649  
Email: info@team-davis.org  
Website: [http://www.team-davis.org/start/Home/index.html](http://www.team-davis.org/start/Home/index.html)

**SUPPORT GROUPS AND SELF-ADVOCACY**

**Outta Sight:** Outta Sight is a fantastic support group in the area and a resource for individuals with blindness.  
Website: [http://www.outasightgroup.com/resources.htm](http://www.outasightgroup.com/resources.htm)

**Yolo People First:** Yolo People First serves Woodland, Davis, and West Sacramento. The group hosts frequent self-advocacy meetings for individuals with disabilities.  
Website: [http://www.supportedlife.org](http://www.supportedlife.org)

**EDUCATIONAL RESOURCES**

**DJUSD Special Ed Info:** The Davis Joint Unified School District has many special education offerings.  
Contact the local school district with questions.  
Website: [http://www.djusd.k12.ca.us/speced](http://www.djusd.k12.ca.us/speced)

**Preschool Assessment Team:** The Preschool Assessment Team is located on the Valley Oak Campus. The team is dedicated to locating, identifying and serving children with disabilities, ages 3-5, in our community in order to prepare them for successful transition to elementary school.  
Phone: (530) 759-2127 Secretary - ext. 102

**MENTAL HEALTH RESOURCES**

**National Alliance for the Mentally Ill (NAMI):** NAMI is a nonprofit, grassroots, self-help, support and advocacy organization of consumers, families, and friends of people with severe and persistent mental illnesses. This phone number is for the local Davis branch.  
Phone: (530) 756-8181  
Website: [http://www.nami.org/](http://www.nami.org/)
MENTAL HEALTH RESOURCES CONTINUED

UC Davis Student Health and Counseling Services: UC Davis offers health and counseling services for students. Visit their website for more information.
Website: https://shcs.ucdavis.edu/

Yolo Community Care Continuum (YCCC): Yolo Community Care Continuum (YCCC) is a non-profit agency that provides an array of community-based programs for people experiencing a psychiatric disability.
Phone: (530) 753-1563
Website: www.y3c.org

UC DAVIS

UC Davis Disability Resource Center: UC Davis offers many resources for students with disabilities. The resource office can help with ADA accommodations, financial aid, mental health resources, and more.
Phone: (530) 752-3184
Website: https://sdc.ucdavis.edu/

AUTISM RESOURCES

Autism Speaks: Autism Speaks is a national organization providing resources for individuals with Autism. The website provides a search engine where one can search for Applied Behavioral Analysis within a certain mile radius.
Website: https://www.autismspeaks.org/resource-guide/

California Autism Foundation: The California Autism Foundation offers many resources for finding Autism resources in the area. Their office is in Richmond, but they can help find Autism resources throughout California.
Phone: (510) 758-0433
Website: http://www.calautism.org/understanding-autism/resources/

TRANSPORTATION

Davis Community Transit: Davis Community Transit is the complementary paratransit service for the local fixed route providers Unitrans and Yolobus. Davis Community Transit provides service in the city limits of Davis within ¾ mile of fixed route bus lines.
Phone: (530) 747-8240
Website: http://cityofdavis.org/city-hall/parks-and-community-services/davis-community-transit

Yolo Paratransit - Yolo Bus Special: Yolo County offers a paratransit program. The paratransit program provides a complimentary door-to-door service for individuals with disabilities.
Phone: (530) 666-2877
Website: http://www.yolobus.com/riderinformation/yolobusspecial.php

KNOW OF MORE RESOURCES?
Email fairhousing@cityofdavis.org with additional resource information to add to the list. Thank you!