Introduction to Bicycle Safety

Instructors:
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Overview

• Types of bike facilities
• Where to bike
• How to bike in traffic and on paths
Types of Bicycle Facilities
Separated Bike Path

Not Required to Use
Separated Bike Path

May provide a shorter, more direct route
Cycle Track

Follow arrows and other markings
Bike Lane

Required to ride in bike lane UNLESS it is unsafe
Bike Lane

Ride in same direction as traffic
How to Bike in Traffic

- Ride with Traffic

Why not go with the flow?
If you ride against traffic, not only are you endangering your own personal safety, but you’re also putting others at risk. Ride the same direction as posted.

Another safety message from
THE DENVER CRUISER RIDE
Shared Lane Arrow
Sharrow
Ride on the sharrow
Street without bike facilities

Ride in the travel lane

Use full lane if less than 14 ft (4 m) wide
Street without bike facilities

Ride with traffic in the travel lane
Avoid sidewalk riding

Not allowed downtown and on campus
Where and How to Ride on Streets & Paths
Keep Right, Pass Left
Intersection positioning
Intersection positioning

Make sure you will not be passed on the left when making a left turn
Rightmost lane that serves your destination
How to Bike in Traffic

Wrong
Driver is not turning from as far right as practicable (CVC 22100)

Correct
Driver must merge into bike lane & turn from curb (CVC 21717)
Lane positioning

Do not get trapped on the right side of a car turning right
It’s a painted green space on the road with a white bicycle symbol inside.

The bike box creates space before the intersection so that people on bikes can cross the intersection ahead of traffic. This makes bikes more visible and predictable to approaching drivers.
Be alert and aware

Watch for other road users crossing your path
Be alert and aware

Look ahead and watch for obstacles blocking your path
Be alert and aware

Pass only when safe and clear
Beware car doors
Avoid the “Door Zone”
Do not weave between parked cars

YES

NO

Wisconsin Bike Fed http://www.bfw.org/for-your-community/share-be-aware/biking/
Stop at Stop signs
Follow signs

Look both ways when entering roadway
Follow traffic signals

Bicyclists must obey when present
Follow traffic signals

Must follow bicycle signals when present
Follow traffic signals

Must follow bicycle signals regardless of other signals
Use pedestrian signal when crossing crosswalks
Look both ways, Keep right
Signal your intent

- Turning Left
- Turning Right
- Slowing/Stopping
- Turning Right
Signal your intent

Turning Right
Yield to pedestrians
Be courteous to other pathway users
Be visible
Reflectors help you be seen in dark
Always use a white headlight and red rear light. Lights help you be seen and help you see in the dark.
Earbuds and headphones may only cover one ear

http://www.wweek.com/outdoors/2016/06/21/one-man-bikes-boldly-through-the-smog-of-summer/
Thank you!

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