

Smalltalk

Serving Providers & Families in Yolo County

Volume XXXII, Number 4

Dear Friends,

What a busy and wonderful spring we had at the Resource and Referral! Our annual conference on April 29th set attendance records and was a terrific experience for everyone. Diane Ferlatte charmed and inspired members of the audience with her original and culturally diverse performance. I think I am not the only person who was still singing the chorus of "Half Chick" for weeks afterwards! A big thank you goes out to Tamiko Eslick, conference coordinator extraordinaire and the rest of the Resource and Referral staff for making this a wonderful event. Don't forget to mark your calendar for our conference next year on April 21, 2007. Bev Bos will be coming back to town to help us all feel creative and inspired in our work.

We have some changes that will be occurring this year at the Resource and Referral. We are not renewing our School Readiness grant which means we will be eliminating some services funded through that grant. PLAY Day will no longer be available county wide. We will still offer 2 PLAY Days a month in Davis, thanks to funding we receive from the University of California, Davis.

Unfortunately, our state funding has not kept up with inflation and employee costs in recent years. This forces us to make some painful decisions. We will be cutting down on the number of hours we are available to give child care referrals to 35 hours a week. We are making the changes as slight as possible so we impact parents as little as possible. We will still be providing referrals for more than the state requirement hours. Very soon we will have our intake form available on the internet. This will speed up the referral process in the future. Also, we are looking at providing more services via the "net" when feasible. Along with cutting back on referral hours, we will be eliminating our Parenting Handouts and our Play Group Orientations. We will still provide resources and information on how to start a Play Group; we just will not be coordinating them anymore.

Finally, one of the hardest decisions, we will be making Smalltalk a quarterly publication instead of bi-monthly starting with this issue. This was really a hard decision to make. However, with escalating mail and printing costs, it was a step we needed to take. The GOOD news is, we are still committed to translating SmallTalk and On The Go into Spanish each time. This is thanks to generous funding from Yolo First Five. We know the Spanish-

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Speaking community really appreciates this!

As always, if you have any questions or concerns, please feel free to contact me anytime.

Regards,

Robbie Townsley
Resource & Referral Supervisor

Farewell to Lynn Arner!

As the fiscal year ended for us on June 30th, we had to say good-bye to Lynn Arner. Lynn has coordinated the CARES/RIO program for the last two years. Although Lynn will no longer be a Resource & Referral employee, we will from time to time contract with her for various tasks related to CARES/RIO. We would like to thank Lynn for her years of service and wish her the very best in her future endeavors.



As of July 1st, the CARES Program will be coordinated by Rossana Vigil with the assistance of Ing Chao. Please address any questions or concerns to them by calling (530) 757-5695 or (800) 723-3001.

Meetings/Support Groups

FAMILY CHILD CARE LICENSING ORIENTATIONS

Tues., July 18, August 15, September 19 from 9:30 a.m. to 12:30 p.m. **New location:** At the Child Care Services Conference Room, 600 A Street in Davis. A \$25 fee will be charged by Community Care Licensing for attending licensing orientation. This fee must be received by their office prior to the orientation date. For more information call (530) 757-5695 or (800) 723-3001. You may also contact Community Care Licensing at (916) 229-4530 or visit their website at www.cclcd.gov.

PARENTS TOGETHER - Child Care Services sponsors this group. The group is for all parents and babies under 1 year. The group meets every **Tuesday** from 1 p.m. -2:30 p.m. in Davis at the Conference Room at 600 A Street (next to the Child Care Services office). **The group will not meet July 4 nor August 8 & 15.** For information call Child Care Services at (530) 757-5695 or (800) 723-3001.

FIRST 5 YOLO COUNTY - (formerly Yolo Co. Children & Families Commission) 2nd Wednesday of the month, 3:30 p.m.-5:30 p.m. 403 Court Street in Woodland. For more information call (530) 669-2475. www.yolochildren.org

YOLO CO. CHILDREN'S ALLIANCE - The Children's Alliance Policy Council meets quarterly, *usually* from 3:00 p.m. to 5:00 p.m. at the County Administration Bldg., 625 Court Street, Woodland. For more information call Elizabeth Jones at (530) 757-5558.

YOLO CHILD CARE PLANNING COUNCIL - Meets every other month to discuss child care topics. Meets at Yolo County Office of Education. Call (530) 668-3773 for information.

GROUP FOR TWINS & PARENTS - If you have twins or if you are pregnant with twins call Fran and she will introduce you to the Twins Group. The group organizes a variety of activities for parents and twins to enjoy. For information call Fran Leistikow at (530) 753-6934.

SUPPORT FOR PARENTS OF EMOTIONALLY DISTURBED CHILDREN - Time limited support groups are available for caregivers of children with emotional disturbances. For information call Joan Beesley at (530) 666-8632.

WOODLAND PARKS, RECREATION, COMMUNITY SERVICES, & URBAN FORESTRY COMMISSION- 4th Monday of each month, 7:00 p.m. City Council Chambers, City Hall, Woodland. Public welcome. Youth and children's issues are discussed. (530) 661-5880.

GRANDPARENTS RAISING GRANDCHILDREN – Support for family caregivers raising children. Thursdays, 9 AM at the Woodland office 455 1st Street. Edie Dornbush, MFTI (530) 662-2211 Ex. 33. *Sponsored by Yolo Family Service Agency.*

YOLO COUNTY GRANDPARENTS RAISING GRAND-CHILDREN- We plan monthly events for grandparent families and evening events for grandparents. Special activities: annual camping trip, holiday celebrations, and unusual festivities. Contact Sandy Weiss at (530) 756-0183 for more information.

YOLO FAMILY RESOURCE CENTER MEETINGS

Fathers' Group in Spanish* Is a group run by Latino fathers who want to share experiences. Get advice and support on parenting from peers and a counseling facilitator. The group meets every Wednesday, 6-8 p.m., at the Yolo Family Resource Center. No need to register.

Women's Support Group in Spanish* This is a parent led support group in Spanish for all women interested in sharing experiences, ideas, and looking for solutions to family problems. Tuesdays 10-11:30 a.m. at the Yolo Family Resource Center. No need to register. For information on the Women's Support Group in English contact Matina Kaufman at (530) 406-7221.

Parent Services Committee Meeting in Spanish* (translation available if needed). Interested members of the community get together with Yolo Family Resource Center staff to discuss existing services and brainstorm to plan new center activities, family celebrations, and meet community needs.

Special Needs Support Group* - Monday, 6:00 to 7:00 p.m. This is a parent-led support group for families of children with special needs. Childcare & refreshments are provided.

**These groups meet at the Yolo Family Resource Center in Woodland (409 Lincoln Ave). For more information call (530) 406-7221. FREE childcare is provided for these groups.*

ASPERGER'S SYNDROME PARENT SUPPORT - Support for parents, caregivers, and professionals that work with individuals diagnosed with Asperger's Syndrome. The group meets the 4th Wed. of each month (January to November) 7 to 9 p.m. at the Davis Senior Center, at 7th and A Streets in Davis. For information contact Dede Douglass at (530) 759-8817 or dededouglass@yahoo.com.

PARENTS AND CAREGIVERS OF TRANSITION-AGE YOUTH (16-25) WITH PSYCHIATRIC DISABILITIES - Group meetings held 4th Tuesday of every month 6:30-8:00 p.m. at the YCCC Conference Room, 1950 5th St. in Davis. For more information call (530) 666-8632—Ask to speak with Joan Beesley.

LA LECHE LEAGUE - Support for mothers who are breastfeeding. Meetings are the 2nd Thursday of the month at 10:00 a.m. at 345 L Street, Davis. For phone-support, or meeting topics call: Cheri (530) 759-0334 or Jennifer (530) 753-9824.

GRUPO DE MUJERES – Spanish-speaking woman's support group. Tuesdays, 4 PM at the Woodland office, 455 1st Street. Call Susana Russ, LCSW (530) 662-2211 Ex. 25 for more information. *Sponsored by Yolo Family Service Agency.*

BABY SIGNS® PLAY GROUP - Join other parents for a free, informal, FUN time with a certified Baby Signs® Instructor. Meet other families who are interested in signing with their children. *For more information contact Erin Panelli (530) 219-0876.*

Community News & Events

Calendar

July	4	Independence Day
	18	Family Child Care Orientation
August	4	Kindergarten Round-up
	7-8	Northern CA ECE Conference
	15	Family Child Care Orientation
September	4	Labor Day
	5	UC Davis Child Care Subsidy Application Deadline
	19	Family Child Care Orientation

For more information about events listed in the calendar, check out the rest of Small Talk!

Join a Playgroup for Stay at Home Dads !

Are you a Stay at Home Dad? Do you know one? Are you planning on being one? Contact local stay at home dad, Bob Bain! He has organized a playgroup for stay at home dads for the last 2 years.



For more information contact Bob at (530) 750-3677 or by e-mail at: californiazipppy@yahoo.com

Northern California Early Childhood Education Conference

The Sacramento County Office of Education is proud to co-sponsor the 17th Northern California Early Childhood Education (NCECE) Conference, scheduled for **August 7-8, 2006**, at the Hilton Sacramento Arden West.

Whitcomb Hayslip, coordinator of Infant and Preschool Education Programs for the Los Angeles Unified School District, will serve as the conference keynote speaker. Mr. Hayslip has worked in the field of early childhood education for more than thirty years. His keynote speech topic: "Meeting the Diverse Needs of Children through the Early Childhood Curriculum."

Presentations include some of the following topics:

- Expanding Vocabulary through Shared Language Experience
- Red Flags for Developmental Delay, Birth to Three
- Extreme Adventures: Parent Literacy Night
- Music for Literacy - Music for Fun - Music for Life
- Exploring Different Learning Styles for Children's Success

The event will run on Monday, August 7, from 7:30 a.m. to 4:45 p.m., the evening session from 7:00 p.m. to 8:30 p.m. and on Tuesday, August 8, from 7:30 a.m. to 4:45 p.m.

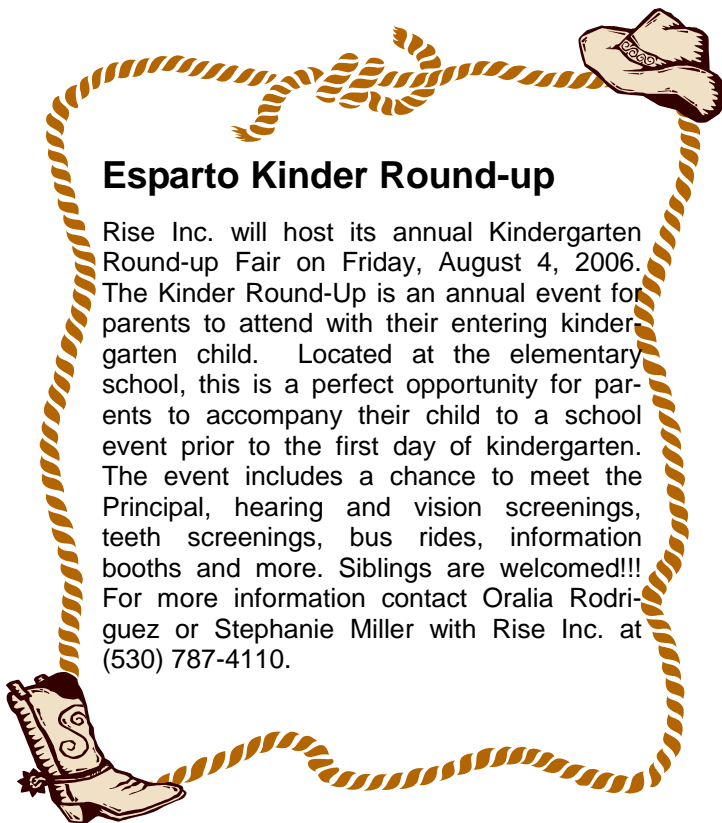
One unit of college credit for attendance at this conference will be available through California State University, Sacramento (CSUS) for \$55. Interested attendees must sign up and pay for the unit Monday morning, August 7th at 7:30 a.m.



For registration information please contact Heather Davis at (916) 228-2558.

Esparto Kinder Round-up

Rise Inc. will host its annual Kindergarten Round-up Fair on Friday, August 4, 2006. The Kinder Round-Up is an annual event for parents to attend with their entering kindergarten child. Located at the elementary school, this is a perfect opportunity for parents to accompany their child to a school event prior to the first day of kindergarten. The event includes a chance to meet the Principal, hearing and vision screenings, teeth screenings, bus rides, information booths and more. Siblings are welcomed!!! For more information contact Oralia Rodriguez or Stephanie Miller with Rise Inc. at (530) 787-4110.



City of Davis Parks & Community Services Programs

These programs are offered through the City of Davis Parks and Community Services Department. To enroll in any of these programs or for more information, please call (530) 757-5626 or visit the website at www.cityofdavis.org

Swim Lessons

The City of Davis offers a series of progressively advanced courses for children who want to master many swimming techniques. Participants must successfully perform the skills covered in each course to advance. Water safety is emphasized and "Tadpole" through "Killer Whale" levels are certified through the American Red Cross. Pick up the parent handbook with level descriptions in our office, or download the information at www.cityofdavis.org/pcs.



Camp Putah

Campers participate in archery, canoeing, hiking, biking, tie-dye, crafts, and a nature education program. In addition, participants will rock climb at the Rocknasium, swim, participate in campfire activities, and stay for an overnighter!

Extreme Adventures

Here is your chance to combine many different forms of recreation into one camp! Participants will be able to rock climb, go river rafting, visit a ropes course, and have an overnighter! All this is possible in wonderful Northern California. This is a great chance for youth to explore their abilities, limits, and build self confidence. The overnighter will take place at DL Bliss State Park.

Dance/Gymnastics Classes

The City of Davis offers a variety of fun dance classes for children ages 2-12 years old. Dance students can dance to their heart's content in Flip, Flap, Tap & Tumble; Creative Dance; Tiny Tap/Dance Movement; Beginning Tap and Jazz; Me and My Shadow; Ballet; and Beginning Hip Hop.

Tennis for All Ages

The City offers both individual and group tennis lessons with a wide range of skill levels. Students are introduced to the sport of Tennis 4 Tots and can progress through Beginning, Advanced Beginning, and Intermediate levels. Group lessons are designed for students 5 years and older.

Harvest Festival

We have just the event to bring the entire family together for some fun. Join the Parks and Community Services Department for the 9th Annual Harvest Festival on Sunday, October 22nd from 4:00 – 6:30 p.m. at the Veterans' Memorial Center. Tickets include a delicious spaghetti dinner and a passport for children to participate in carnival games, pumpkin decorating, costume parade and contest, hands-on craft activities, and much more! Tickets are \$8.50 per person, and children must be accompanied by a paid adult. Purchase tickets in advance at the Parks and Community Services office. A special thanks to Ikeda's Market for their generous contribution of pumpkins for the event.



Movies in the Park

Starting in September, the City of Davis will be showing family friendly movies on a giant blimp screen in Central Park. Movies begin at 7:30 p.m., but come early to enjoy entertainment, food vendors, contests, games and more! The series kicks-off on September 16th with Ghostbusters, followed by Back to the Future (showing on September 30th), and The Sound of Music (showing on October 14th). Bring your blanket, your friends and family and enjoy movies in the park!

Class Registration

For information and to register to any of these programs or find out about other programs call (530) 757-5626 or visit www.cityofdavis.org

Fall Class Registration

Beginning Wednesday, July 5, Fall 2006 Recreation Schedules are available and can be picked up at the Parks & Community Services Department or viewed on-line at www.cityofdavis.org/pcs/webreg Registration can be submitted either by mail or on-line.

For more information on recreational programs in your area please call:

West Sacramento	(916) 617-4620
Winters	(530) 795-4233
Woodland	(530) 661-5880

Health & Safety News

Protect Your Family at The Pool This Summer

This summer, swimming pools are filled with millions of people having fun and staying cool. But did you know that germs can contaminate swimming water even if it is treated with chlorine?

This summer, learning about recreational water illnesses (RWIs), which are spread by swimming in contaminated water, such as swimming pools, waterparks, lakes and the ocean, can protect you from illness.

RWIs are caused by germs like "Crypto" (KRIP-toe, short for Cryptosporidium), Giardia (gee-ARE-dee-uh), E. coli 0157:H7, and Shigella (Shi-GE-luh) and are spread by accidentally swallowing water that has been contaminated with fecal matter. Remember, you share the water with everyone in the pool.

Germs causing RWIs are killed by chlorine, but chlorine doesn't work right away. It takes time to kill germs. Plus, some germs like Crypto are resistant to chlorine and can live in pools for days. That is why even the best maintained pools can spread illness. Healthy swimming behaviors are needed to protect you and your family from RWIs and will help stop germs from getting in the pool in the first place.

Here are six "P-L-E-As" that promote healthy swimming, provided by the Centers for Disease Control and Prevention's Healthy Swimming Project:

- 1. PLEASE don't swim when you have diarrhea.** This is especially important for kids in diapers. You can spread germs into the water and make other people sick.
- 2. PLEASE don't swallow pool water.** In fact, try your best to avoid even having water get in your mouth.
- 3. PLEASE wash your hands with soap and water** after using the toilet or changing diapers. You can protect others by remembering that germs on your body end up in the water.
- 4. PLEASE take your kids on bathroom breaks often.** Waiting to hear "I have to go" may mean that it's too late.
- 5. PLEASE change diapers in a bathroom and not at pool-side.** Germs can spread to surfaces and objects in and around the pool.
- 6. PLEASE wash your child thoroughly** (especially his or her rear end) with soap and water before swimming. We all have invisible amounts of fecal matter on our bottoms that end up in the pool.

For more information visit www.cdc.gov/healthyswimming and take a quick look at what swimmers are asking this year.

This information was compiled from the Center for Disease Control - www.cdc.gov

Community Resources

FEDERAL FOOD DISTRIBUTION PROGRAM

Eligibility is based on income.

Last Wednesday of the month:

Davis Senior Center, 12:30-1:30 p.m.

Call (530) 757-5696 for information.

Last Friday of month:

Winters Community Center, 12:00-1:30 p.m.

Yolo Housing Community Center, 10:45-11:30 a.m.

Call (530) 758-6821 for information.

IMMUNIZATION CLINIC

Davis

Davis Community Clinic

Mondays 2:00-4:00 p.m. & Fridays 1:00-4:00 p.m.

2040 Sutter Place, (530) 758-2060

West Sacramento

Salud Clinic

500 B Jefferson Blvd., Ste. 170, (916) 375-6380

Thursday, 1:00-4:00 p.m.

Yolo County Health

500 B Jefferson Blvd. (916) 375-6380

Monday, 9:30-11:00 a.m.

Woodland

Yolo County Health Department

Mondays 2:00-4:00 p.m.

10 Cottonwood, (530) 666-8645

Peterson Clinic

Wednesdays, 2:00-4:00 p.m.

8 N. Cottonwood, (530) 666-8960

WELL AND SICK CARE CLINICS

For Women's Care & general medical information:

Davis Community Clinic

2040 Sutter Place, call (530) 758-2060

Peterson Clinic,

8 N. Cottonwood, Woodland, call (530) 666-8960

Salud Clinic

500B Jefferson Blvd. #180, W. Sacramento, call (916) 375-6400

YOLO COUNTY CHILDREN'S MEDICAL SERVICES

Child Health & Disability Prevention Program

Call for information on how to receive free health check-ups for children 0 to 20 years of age on MediCal and for low-to-medium income children through 19 years of age. You may also call for referrals to local physicians and dentists. To learn more about health coverage programs for children, call (530) 666-8249.

California Children's Services

Case management and financial assistance for children through 20 years of age with serious or chronic medical conditions. Call (530) 402-2800 for information.

YOLO COUNTY WIC PROGRAM

Nutrition program for women, infants & children.

Clinics in Davis, West Sacramento, Winters & Woodland. Phone hours 8:00 a.m.-3:00 p.m., M-F: (530) 666-8445 in Woodland, or (916) 375-6390 in West Sacramento.

More Alike Than Different

What Is Dyslexia?

Dyslexia is an invisible disability. It is caused by a difference in brain structure which is present at birth and is often hereditary. As a result, incoming or outgoing information gets scrambled as it travels between the senses and the brain. Dyslexia does not affect intelligence level -- yet it can impair one's ability to learn, retain and express information.

Recognizing and manipulating symbols, especially letters and numbers in sequence, presents the most universally acknowledged problem. Reading, writing and math, taught by traditional methods, can be difficult if not impossible for the person with dyslexia to master. Poor memory, coordination problems, confusion of right and left, and impaired depth perception are also common attributes.

Who Has Dyslexia?

Dyslexia occurs in 15 percent of the population. Men and women from every ethnic, social and economic background are affected.

Some of the most successful and famous people in the world have dyslexia.... You would be surprised.

What Are The Signs of Dyslexia?

A cluster of characteristics that interferes with one's ability to function in school or at work could be a clue to this hidden disability. The severity of these symptoms vary from person to person. Dyslexia can be identified through proper testing by trained specialists.

Symptoms of Dyslexia in Childhood

- Difficulty expressing thoughts.
- Delaying learning of tasks such as tying shoes and telling time.
- Inattentiveness and distractibility.
- Inability to follow directions.
- Left-Right Confusion.
- Difficulty learning the alphabet, multiplication tables, words or lyrics.
- Poor playground skills.

- Difficulty learning to read.
- Mixing the order of numbers and letters.

Symptoms of Dyslexia in Adolescence and Adulthood

- Difficulty processing information you hear.
- Often can't find keys, wallet other items.
- Slow at reading.
- Difficulty remembering names.
- Hesitant speech, difficulty finding appropriate words.
- Difficulty organizing ideas to write a letter or paper.
- Poor spelling.
- Inability to remember phone numbers.

This article is courtesy of DARC, The Dyslexia Awareness Resource Center.

If Interested in [dyslexia](#) or attention deficit disorder? The first thing you should know is that these so-called "learning disabilities" are really learning differences. Both dyslexia and ADD are mixes of difficulties and strengths. Some things that society takes for granted – reading, spelling, the ability to concentrate – are more difficult for us. At the same time, people with dyslexia or ADD are often unusually creative, innovative and independent.

The Dyslexia Awareness and Resource Center is here to help [students](#) and [adults](#) with dyslexia and ADD, as well as their [parents](#), [teachers](#) and [professionals](#) who work with them. For more information visit <http://www.dyslexiacenter.org>

Especially for Parents

Effective Dental Care Starts in Infancy

by Eileen Walsh, RN, MPH

Recent data have shown that tooth decay (also known as dental caries) is epidemic among young children in California. About one-third of preschool-aged children in our state have some degree of tooth decay (Dental Health Foundation, 2002). Tooth decay is the most common chronic disease of childhood, and it is largely preventable.

The best prevention starts early

Did you know that tooth decay can start in infancy? A tooth can become decayed within a month or two after its arrival. Experts recommend that preventive screening of children start with the emergence of the first tooth, or by the first birthday.

Why screen so early?

The benefits of early screening and preventive care far outweigh the costs of neglecting early teeth. Early screening will identify risk factors for decay, and the visit provides an opportunity for parents to learn the basic principles of preventive oral care. By screening soon after the arrival of the first tooth, any decay that may have started can be treated while in an early stage.

What are the risks of delaying?

When families delay dental screening, many children will experience tooth decay. This can be painful, and the treatment required for extensive decay is traumatic to children and costly to families. Many young children cannot sit still for the lengthy procedures of filling or restoring decayed teeth, so general anesthesia is sometimes required for children's dental work, despite its cost and risks.

What else can we do?

Parents and caregivers of infants can establish habits known to decrease the risk of tooth decay. These include:

- Clean the mouth daily, starting with a clean damp cloth and progressing to a soft toothbrush as more teeth emerge.
- Offer children water to drink, rather than juices or sweetened beverages.
- Never give infants bottles of juice, milk, or formula at bedtime or naptime.

References

Dental Health Foundation (2002). The Oral Health of California's Children: Halting a Neglected Epidemic. Accessed November 2, 2004 at:

www.dentalhealthfoundation.org/topics/children/assessment/.

This article originally appeared in the Child Care Health Connections newsletter. To learn more about the newsletter and other publications, please visit their website at: <http://www.ucsfchildcarehealth.org/>

Baby Bottle Tooth Decay

How to avoid this dental disaster

Baby bottle tooth decay, also called bottle syndrome, is a serious condition that can destroy your child's primary (baby) teeth. It occurs when teeth are frequently exposed to liquids that contain sugar, such as milk, formula or fruit juice.

The liquid from the bottle pools around your child's teeth, providing food for decay – causing bacteria. The bacteria form acids that dissolve tooth enamel, causing decay. Any liquid sugar – even breast milk – can cause decay-producing acid attacks on your child's teeth.

Preventing baby bottle tooth decay

- Clean your child's teeth after each feeding.
- Never give a bottle in bed, unless it contains only water.
- Begin flossing your child's teeth daily once all primary teeth have come in.
- Take your child in to see a dentist as soon as the first tooth erupts.
- Still have questions? Ask your dentist for more information.

Never give a bottle in bed



unless it contains only water.

Courtesy of Whites town Dental:

www.whitestowndental.com/babybottletoothdecay/

Especially for Providers

Recognizing Serious Allergic Reactions

by Judy Calder, RN, MS

Q: How do I know if a child in my preschool is having a serious allergic reaction?

A: Allergic reactions can be life-threatening, so it's important to know the warning signs. Signs of a serious reaction include tightening of the throat (which leads to hoarseness), hacking cough, shortness of breath, wheezing, or shock, which leads to a weak pulse, low blood pressure, fainting, paleness, and turning blue. Other signs include itching or tingling of the mouth or throat, swelling of the mouth or tongue, hives, itchy rash, swelling of face, hands or feet, nausea, vomiting, abdominal cramps or diarrhea. Children may scratch their throat, skin or tongue, put their hands in their mouth, or slur their words. Their voices may also change.

How can I tell if a child is describing an allergic reaction?

Children can't always clearly express that they're having an allergic reaction. Listen for statements such as: "I'm itchy," "My tongue is hot," "My tongue (or mouth) is burning," "My mouth (or throat) feels like there is hair on it," "My tongue (or lips) feel full (or heavy)," "There's a frog in my throat," "I have a bump in my throat." It's very important to observe for signs of a reaction when you hear these kinds of statements.

What can trigger a serious allergic reaction?

Many things can trigger reactions. The most common is food—most frequently peanuts, tree nuts, milk, eggs, soy, wheat, fish and shellfish. Other possible allergens include insect stings, medications, or skin contact with irritants such as poison oak or latex. Children may be allergic to other substances as well. Allergic responses can lead to life-threatening anaphylaxis, a sudden, severe, potentially fatal, systemic allergic reaction that can involve various areas of the body (such as the skin, respiratory or gastrointestinal tracts, and cardiovascular system). Symptoms occur within minutes to two hours after contact with the allergy-causing substance, or in rare instances up to four hours later.

What should you do in case of a serious allergic reaction?

Every child in care should have an allergy management and care plan that describes signs and symptoms a particular child may have and what to do when the reaction needs treatment. If you see or hear any of warning signs of a serious allergic reaction, follow the directions on the allergy management and care plan. If a child has a serious allergic reaction and does not have a care plan, follow the procedures for any medical emergency.

Resources

Healthline at (800) 333-3212 has allergy resources and recommendations for including children with severe allergies into early care and education programs.

Food Allergy & Anaphylaxis Network provides sample allergy management and care plans in English and Spanish. For more information visit www.foodallergy.org.

*This article originally appeared in the **Child Care Health Connections newsletter**. To learn more about the newsletter and other publications, please visit their website at: <http://www.ucsfchildcarehealth.org/>*

Yolo County Child Care Center Director's Association

Funded by First 5-Yolo to improve access to childcare and to enhance the quality of early care and education. The Director's Association was developed to support directors and emerging leaders to keep up to date on current events, trends, resources and community events related to the Early Care and Education profession. The group meets on the 4th Thursday, **September 28** from 6-7:30 p.m., in the Yolo County Conference room located at 600 A Street, Davis. For more information call Child Care Services Resource & Referral at (530) 757-5695 and ask for Tamiko Eslick.

Start Planning your ECE Classes Now!

Are you working in the child care field? Did you know that your career opportunities not only depend on your experience, but your training as well? Both, Sacramento City College and Woodland Community College have ECE classes ready for your career development. Also, when you continue with your training you may qualify for the CARES incentive program.

Some of the ECE Classes include:

- Introduction to Early Childhood Education
- Administration of Child Development Centers
- Health & Safety in the Child Care Setting
- Adult Supervision: Mentoring in a collaborative Learning Center

To enroll please visit the websites for the community colleges.

Sacramento City College:
www.scc.losrios.edu

Woodland Community College:
<http://woodland.yccd.edu/>

Campus Talk: Events & Information from UCD

Submitted by Barbara Ashby, Program Manager
UC Davis Child Care & Family Services, HR Administration
Building (530)752-5415 www.hr.ucdavis.edu/childcare

CAMPUS TO BUILD THIRD CHILD DEVELOPMENT CENTER - Hearn Construction of Vacaville has been awarded the bid to design and build a 9400 square foot facility adjacent to the Rec Pool Lodge. Construction is underway and the center will accommodate 95 children (infants through preschoolers) year-round and 24 school-age children during school holidays and summer. Opening is slated for late Spring 2007.

CHANCELLOR'S CHILD CARE ADMINISTRATIVE ADVISORY COMMITTEE - The committee, comprised of UC Davis students, staff, and faculty and representatives of the City of Davis Child Care Services, advises the Provost and Executive Vice Chancellor (through the Associate Vice Chancellor—Human Resources) on programs and policies to meet the child care needs of campus affiliates; assesses and articulates child care concerns, services, and funding, including the review and evaluation of campus child care activities; and provides a campus forum for child care issues. Meetings are open to the campus community and input welcome. **3rd Thursday monthly, beginning September 21, 12:00 –1:30pm, Human Resources Administration Building Room 182.** For more information, contact Chair James Cubbage, jscubbage@ucdavis.edu.

BREASTFEEDING SUPPORT AND ORIENTATION
Orientation - 2nd and 4th Thursdays: 12-12:30pm; HR Administration Building, Room 123.

Orientation - 1st Wednesdays, 12:10-1:15pm, MS1-C, Room 130.

Breastfeeding Q & A -12:30-1:15pm,
HR Administration Building, Room 123.

Support Group - 3rd Tuesday, MU Moss Room, 12:10-1pm followed by consultations 1-2pm.



Contact Lonna Hampton, lonnahampton@sbcglobal.net, (530) 752-5412 for more information.

Support at UCDMC 2nd Tuesday, Glassrock Building, 7th Floor, Conference Room, Medical Center. Call Cheryl Bursteiner, (916) 703-3360 for more information.

LAST CALL FOR APPLICATIONS: UC DAVIS CHILD CARE SUBSIDY PROGRAM - Deadline 5PM, Tuesday, September 5. The program assists low-income student parents with the cost of child care at licensed homes and centers throughout the state. Eligibility is based on household income and student status. *Pell Grant recipients have first priority.* Disbursements are determined by lottery in early September. Applications are now available and due by September 5. Families who apply late or do not receive

a subsidy through the lottery are placed on a waiting list for funds that may become available during the academic year. For a fact sheet and application, call (530) 757-5695, stop by the Child Care Grant Office at 600 A Street, or download from the UCD Child Care & Family Services website at: <http://www.hr.ucdavis.edu/childcare>.

WELCOME ORIENTATIONS AND RESOURCE FAIRS
for more information regarding dates, please call UC Davis Child Care & Family Services (530) 752-5415 during the month of August. Thank you.

September – Vet Med New Student Orientation.

September, International House – International Student Orientation Services.

September – (WOW) Week of Orientation and Welcome 2006 new and continuing graduate students and post doctoral scholars.

September - Graduate Welcome discussion on integrating academics, work and family.

September – Transfer Student Reception and Resource Faire.

UC DAVIS CAMPUS RECREATION is a terrific Summer Youth & Teen Programs catalog describing a summer of excitement with activities like swim lessons, hiking, crafting, horseback riding and bowling. For those needing extended care after camp, PM Potpourri includes a fun schedule of activities until 5:30pm. Please visit their website at campusrecreation@ucdavis.edu for more information.

UC DAVIS RESIDENTIAL PROGRAMS

Outdoor Adventures

Emily Murdock (530) 752-8456

June 26 - August 18 (dates vary by trip)

Eligibility: Ages vary by trip; 11-17 years old

Cost: \$130 - \$376, depending on trip

Online registration is available at:

<http://campusrec-registration.ucdavis.edu>

UC Davis Young Scholars Program

Richard Pomeroy (530) 752-0622

Web site: <http://ysp.ucdavis.edu/>

E-mail: jrpomeroy@ucdavis.edu

June 25 - August 5

Eligibility: High-achieving high school sophomores and juniors with a strong academic background in science, math and language arts.

Cost: \$4,500 for room, meals and all activities. Needs-based financial aid is available to a limited number of qualified students.

Upward Bound

Ping Chan (530) 752-3089 (888) 324-0087 (Toll Free)

Web site: <http://upwardbound.ucdavis.edu/>

June 25 - August 4

Eligibility: 9th-10th grade high school students who attend an Upward Bound target high school and who are low-income, first-generation college bound, and plan to enter a program of post-secondary education.

Cost: Free to eligible students currently in Upward Bound.

Legislative Update



This summary of active California legislation has been submitted by Donita Stromgren, Public Policy Coordinator with the California Child Care Resource & Referral Network. For more information you may contact her at by e-mail at donita@davis.com or visit the R&R Network at www.rrnetwork.org.

AB107 (Benoit)- Community Care facilities

Requires that all community care licensed facilities be inspected once between bill passage and 2010 and then bi-annually thereafter dependent on funding. Requires civil penalties for certain specified Type A violations and outlines specific required action and timelines following substantiated complaints, TSO's, exclusions and revocations.

Status: Senate Human Services 8/8

AB172 (Chan) – Universal Preschool

Subject to funding from passage of the State Budget, this bill requires a report on preschool programs by January 1, 2008 and a plan on the coordination of postsecondary education programs by January 1, 2008. Bill will be amended to include provisions on the implementation of a new preschool program. **Status: Senate Appropriations**

AB633 (Benoit) – Child care facilities- licensing & notification

Requires providers to notify new and existing parents of any Type A violations, noncompliance conferences, and accusations leading to revocation for one year after incident. Changes current language of "Oliver's Law" required by R&R's to give to parents along with child care referrals. Amended language is more "parent-friendly." **Status: Senate Floor**

AB1095 (Mullin)- Child Care Center: Staff training days- (CCDAA sponsored)-Urgency bill

Allows for one staff training day for contracted center-based child care programs with minimal inconvenience to families.

Status: Senate Appropriations

AB1601 (Laird) – License-exempt providers/Trustline

Requires the trustline of aunts & uncles (pending available funding), shortens the time allowed for an exempt provider to complete the trustline process. Requires APP's to stop payment when a "hit" occurs on the provider's trustline clearance process in counties where no TARP/Livescan system exists and also in counties with an operational TARP and LiveScan but where less than 90% of the license-exempt providers are registered with Trustline within 10 business days. Also provides for an informational brochure to inform child care providers of the details of the child care delivery system in California. *Sponsored by SEIU & United Child Care Union (AFSCME).* **Status: Senate Appropriations**

AB368 (Evans) - CalWORK's_ Child Care availability- Provides for state conformance with federal welfare reauthorization. **Senate Education**

AB1144 (Harman) – Playground Safety Standards

Requires regulations for playground safety to be consistent with the current standards and amended when the standards are revised. Playgrounds that meet the current standards would not be required to meet new standards unless modifications are made. **Status: Senate Appropriations-Inactive**

AB1246 (Wolk) – Preschool Curriculum Standards

Requires the Superintendent of Public Instruction to develop preschool learning standards and curriculum guides in reading/language arts, math, history/social science and science. It requires review of the standards every 7 years and public hearings prior to adoption. *Amended to require the instruction focus on the physical, social and emotional development of the child.* **Status: Senate Appropriations**

AB2196 (Spitzer) –Registered Sex Offenders Website

Requires child care programs to give parents/guardians information about the availability of Megan's law website. Also requires they provide a copy of the Parent's Rights brochure. **Status: Senate Floor**

AB2403 (DeVore) – Large Family Child Care Permits

Requires that local government provide a written fee verification and process time line for a conditional use permit for large family child care home, within 45 days of the applicant's request. **Status: Senate Floor- Consent calendar**

SB638 (Torlakson) –After School Programs

Urgency clause added. Changes the funding to a direct grant instead of reimbursement based while increasing the maximum funding cap and decreasing the local match. Requires Department of Education to establish physical education and activity standards for after school programs. Requires: attendance reporting quarterly, breakfast service in before school programs, operation 15 hours per week minimum, establish outcome measures for 21st Century programs inc. high school exit exam success. Requires that 1.5% of the funds be spent on technical assistance, evaluation and training services. **Status: Assembly Appropriations (Defer to School-age Consortium for position)**

AB2881 (Mullin) – State Preschool Programs. R&R & Unexpended Funds-Urgency Clause- (CCDAA sponsored)

Establishes full day state preschool programs and includes educational tasks and goals. Additionally requires R&R programs to notify Family Child Care Home Education Networks of the suspension or termination of a provider's license. **Status: Senate Human Services**

Legislative Update

SB1764 (Runner)- Kindergarten/First Grade Admittance Age

Expresses "intent language" stating the Legislatures intent to increase kindergarten admission age. **Amended to phase in the starting age for kindergarten in 2009-10 through 2011-12 at which point it would be 5 years-old by September 1.** Maintains the same funding for schools despite the lowered ADA and requires schools to provide school readiness programs to children no longer age eligible for kindergarten. Teachers in the school readiness program must have a teaching credential or a child development permit **Status: Assembly Appropriations**

AB242 (Vargas)- Child Care Provider: Sexual Offenses

Increases the penalty of a sexual offense by a child care provider against a minor from two years to 15 years and triples the sentence for a health care provider. **Status: Senate Public Safety (hearing cancelled by author)**

AB1137 (Dymally)- Child Care Centers: Health

Requires DOE to provide child care centers and schools (among others) with educational materials, guidelines, training and medical supplies so staff can administer emergency medical aid to children, pupils or staff suffering from asthma an anaphylactic emergency. **Status: Senate Health – (hearing cancelled by author)**

AB1282 (Mullin)- Employer Child Care Tax Credit

Extends the employer's child care tax credit through 2011 allowing a deduction of up to 30% of start-up expenses for a child care center, contributions to resource & referral programs. Requires the Franchise Tax Board to do a report on the effectiveness of the program. **Status: Senate Appropriations**

AB1298 (Evans)- Assistance Program Conformity

Requires the Health & Human Services Agency to convene a workgroup to review alignment of policies and procedures for various programs including child care. **Senate Appropriations Suspense**

AB2802 (Pavley)- Early Learning Credential

Requires the Superintendent of Public Instruction to develop an early learning credential or multi-subject credential for preschool and early elementary teachers by July 1, 2008. Includes other specific timeframes for implementation. The credential is optional for teachers in k-2nd grade. **Status: Senate Appropriations**

AB2865 (Torrico)- Child Care Center- Pest Management

Requires that private child care programs use the least toxic methods for pesticide application, maintain records on use and inform parents of pesticide use. Encourages the use of integrated pest management practices through various means. **Status: Senate Appropriations**

SB1750 (Vincent)- Contracted Child Care Centers- Funding & Audit- (CCDAA sponsored)

Allows agencies to augment funds through third party funding sources without having those funds considered in determining maximum expenditures by CDE. Requires CDE to develop and maintain a standardized system of auditing, which will be provided to contractors in writing, any standards, rules, and auditing protocols to used in those audits. Requires a plan for advancing child care funds to contracting agencies in a timely manner. **Status: Assembly Appropriations (Urgency Bill)**

SB1759 (Ashburn)- Criminal Background Checks

Requires that all employees working in community care facilities complete the criminal background check process prior to commencing employment. This puts into statute the requirements already in regulation. *Amended to allow state departments to share information on administrative actions against applicants and licensees and requires DSS to maintain a centralized system for monitoring and tracking final administrative actions.* **Status: Assembly Appropriations**

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About Child Care Services Resource & Referral:

Child Care Services Resource & Referral provides free services to families and child care providers in Yolo County. Some of our services include:

For Parents

- ◇ Free Child Care Referrals to licensed programs
- ◇ Parents Together, a support group for parents of infants
- ◇ Trustline, a registry for legally license exempt child care providers
- ◇ Playgroup Orientations
- ◇ Free publications: *Small Talk* & *On the Go*
- ◇ Toy & Resource Library
- ◇ Child Development Conference

For Early Care & Education Professionals

- ◇ Referral Services for licensed facilities
- ◇ Trainings & Classes
- ◇ Support & Resources
- ◇ Play Day, a school readiness program
- ◇ Quality Enhancement Project
- ◇ PLAY vans
- ◇ Trustline, a registry for legally license exempt child care providers
- ◇ Free publications: *Small Talk* & *On the Go*
- ◇ CARES/RIO (Retention Incentives Opportunities)
- ◇ Child Development Conference

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