

**CITY OF DAVIS**  
**2006-2007 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**Organization Name: Grace in Action, Inc.**

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(Be sure to list the **best contact** to get information to the organization as quickly as possible.)

**Total Proposal Request: \$ 8,915.00**

(Check one)  On-going Support  New Project

**CDBG Eligible Category:** Public Service  
(See List A)

**National Objective Compliance/Low and Mod Benefit:** Limited Clientele  
(See List B)

**City Council Identified Critical Needs:** (See List C)

- 1) Basic Human Needs: Health Care
- 2) \_\_\_\_\_
- 3) \_\_\_\_\_

PUBLIC SERVICE

NON-PUBLIC SERVICE

**Beneficiary Information:**

- 120 Total number of beneficiaries in program  
120 Number of beneficiaries in program to be served with **CDBG** funds  
100 Percentage of the **CDBG** beneficiaries with low/moderate income  
\$74.29 Cost (\$) per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

## PROJECT NARRATIVE

### a. Need

In January 2005, a Yolo County Homeless Coalition (YCHC) point-in-time study identified 871 homeless individuals. The study found that 55% of the homeless are unsheltered — living on the streets (21%); in their vehicles (14%); or on a waiting list for shelter (20%). According to a 2003 study by the Yolo County Department of Employment and Social Services, nationally 20-25% of the homeless have a mental illness. In Yolo County, 45% of the homeless interviewed have been diagnosed with a mental illness, with 33% of those dual diagnosed with a drug and alcohol problem. Therefore, **almost half of the identified homeless in Yolo County are the most vulnerable and underserved persons that Grace in Action seeks to serve.**

Access to basic health care (medicine, health insurance, health professionals and nourishment) is at-risk in this population due to a lack of resources and is further hindered by the prevalence of substance abuse and addiction in some of our homeless guests. Inadequate health care, food, clothing, shelter, and low self-esteem can lead to hopelessness and despair. In addition, many of the unsheltered homeless experience learning challenges or a lack of education which make completing social service paperwork an overwhelming task. Grace in Action offers hope by bridging the gap between our community of giving and local agency programs in order to provide assistance with access to basic health care, day time rest and renewal, and educational support so crucial to a successful and productive life.

Grace in Action has served approximately 300 registered guests in its history. There are 120 currently registered guests. During 2005, registered guests were informed of the enrollment process for the Yolo County Healthcare for Indigents Program (YCHIP). Basic need items for personal hygiene, health and outdoor survival were distributed to 85% of our registered guests. The 2005 budget statistics indicate Grace in Action provided emergency shelter for 27 nights for individuals who required extended bed rest and 84% of the detoxification and rehabilitation budget line item was utilized. Conversations with local rehab program personnel indicate a general increase in numbers of individuals seeking recovery. At the same time, Yolo County has a limited budget for rehabilitation programs for indigent individuals. Guest surveys indicate both an increase in need for emergency shelter as well as an increase in the number of guests who desire entry into detoxification and drug and alcohol rehabilitation programs.

### b. Benefit

The individuals who register as guests at Grace House meet the qualifications as low-income residents of Davis without sufficient funds to acquire health insurance, pay doctor and/or hospital charges, or purchase prescription medications and personal health items. A City of Davis Community Development Block Grant will promote the Basic Human Need of Health Care to all eligible registered guests of Grace in Action. Guests will receive assistance in completing Yolo County Healthcare for Indigents Program (YCHIP) applications, as well as basic need items of personal hygiene, health, outdoor survival and preventative health care. Opportunities to rest during the day provide guests with an improved ability to cope with the enormous stress of life without shelter. An additional benefit would be to help those homeless who have made the decision to seek help with their addictions. Rehabilitation funding is necessary for homeless individuals to enter costly detoxification and rehabilitation programs. Grace in Action aims to provide the encouragement and assistance

unsheltered homeless individuals need to improve their health care situation. Guests who receive assistance will be less likely to become ill and/or to utilize costly and crowded emergency rooms for standard health care. Emergency housing will be available for those who do become ill and are in need of extended bed rest and/or acute after care. Addiction rehabilitation for willing guests is expected to improve not only their health but also their progress towards self-sufficiency.

### **c. Other Resources and Collaboration**

We have grant funding commitments for \$6000 as we begin 2006. Funds and services from community and individual donors will provide the foundation for a much needed infrastructure. A strong infrastructure to support communication and accountability is key to sustaining our services and will favorably position Grace in Action to obtain additional grant support. Assistance in obtaining healthcare through YCHIP will aid registered guests with basic health concerns due to improved access to the Community Clinic. Members of the University of California at Davis H.E.L.P. (Homeless Education Leading to Prevention) are available to support guests with basic need items for personal hygiene, health and outdoor survival. Given that many homeless individuals are fearful of medical settings such as clinics and hospitals, an additional goal for 2006 is to actively involve volunteer medical personnel from UCD and the community more directly in the work of Grace in Action.

Grace in Action hosts quarterly church partner meetings with Cal Aggie Christian Association, Davis Community Church, Davis Chinese Christian Church, Davis United Methodist Church, Lutheran Church of the Incarnation, Pole Line Road Baptist Church, Saint Vincent de Paul Society/St. James Catholic Church, and University Covenant Church to coordinate efforts to serve unsheltered individuals. These faith communities involve their congregations by providing volunteers for special projects and events, house supervision and collections of needed supplies. This extended community also provides in-kind and financial donations. Local churches distribute Grace in Action's monthly resource calendar to homeless individuals.

Grace in Action currently collaborates with nine community agencies and at least seven local businesses to provide for basic needs and services for unsheltered homeless individuals in Yolo County. Grace in Action refers guests to collaborating agencies such as Short Term Emergency Aid Committee (STEAC), Davis Community Meals, Davis Community Meals Shelter, Davis Community Clinic, Yolo County Mental Health, various 12-Step programs, Owendale Housing Community / Affordable Housing, Homeless Veteran's Resources and Yolo Wayfarer Center when appropriate.

Individual attention is a key factor in assisting unsheltered individuals to move forward in life. Unlike a sheltered environment, individuals living on the street have no case manager to encourage them in leaving their life of homelessness behind. Grace in Action staff provides guests with individualized attention by working *with* them to create their Individualized Goal Plans. These plans help them connect with assisting agencies ultimately moving them closer to permanent shelter and employment options. Collaboration with local rehabilitation programs (Beamer Street Detoxification Center and Walter's House Rehabilitation Center in Woodland, CA) will provide detoxification/rehabilitation services for those guests who make this life-changing decision. Discounted rates at a local motel are provided for guests who may require non-medically supervised bed rest or recuperation from surgery. Other businesses provide in-kind donations of food, water, coffee and first aid supplies.

100% of the requested funds will support direct services to unsheltered homeless individuals who

register as guests with Grace in Action. No other agency provides individual attention by working directly with unsheltered homeless individuals to establish positive goals and life direction. Current agencies are primarily focused either on family needs or provide case management for “sheltered” individuals.

#### **d. Organizational Capacity**

Cindy Burger founded Grace in Action in December 2001 to serve vulnerable and underserved homeless individuals who, due to addictions or other health concerns, were ineligible for individualized support in Yolo County. Non-profit 501(c)(3) status was granted in August 2003. Our current operating space, known as Grace House, is a 3-bedroom house at 441 D St. in Davis that opened for daytime rest and respite on June 1, 2004. Davis Community Church is donating the cost of rent and utilities. Guests have referred to Grace House as a “home away from homelessness.” A twelve member Board of Directors, with representation from homeless individuals, holds monthly meetings. In addition, local homeless individuals are regularly consulted to better understand their needs and priorities. Director Cindy Burger, the organization’s sole employee, manages day-to-day operations and coordinates the 38 trained volunteers.

### **SCOPE OF SERVICES**

#### **a. Project Description** (Activity Summary: Describe the activities of the proposed budget)

Grace in Action will assist low-income homeless guests to obtain the basic human needs of health care.

- 1) Guests will receive basic need items for personal hygiene, health, and outdoor survival. First Aid supplies and basic outdoor survival gear will be kept on hand to assist guests. Volunteers from H.E.L.P. (Homeless Education Leading to Prevention) will facilitate focused health programs and activities throughout the year.
- 2) After enrollment in county health insurance, guests will pro-actively select the health clinic prior to accessing the local hospital emergency room for basic health concerns. Guests will participate in YCHIP. They will be educated and informed of the protocol for appropriate and preventative health care.
- 3) Emergency housing will be available to individuals in need of extended bed rest or acute after care. Grace in Action will maintain a collaborative working relationship with at least one local motel to provide emergency shelter for a minimum of 20 nights for homeless individuals recovering from illness or injury.
- 4) Staff, volunteers and guests will increase their awareness of protocol and referral practices of local rehabilitation facilities. Grace in Action will further strengthen collaborative relationships with at least two local rehabilitation programs (Beamer Street Detoxification Center and Walter’s House Rehabilitation Center in Woodland, CA).
- 5) A minimum of three guests will receive funding assistance for entry into a detoxification/rehabilitation program to improve their physical, emotional and mental health. Grace in Action staff will meet with at least two guests participating in drug and alcohol rehabilitation programs to establish follow up need/support.

- 6) Guests will renew physically and emotionally and therefore increase basic energy and relate positively with other guests and volunteers. Grace in Action will provide daytime rest and renewal and need assistance at least three times per week and supervise regular volunteer training.

**b. Target Group**

Grace in Action's target population is the unsheltered homeless of Yolo County in need of individualized attention. Approximately 300 individuals have registered as guests in its history. There are 120 currently registered guests. Of our 300 guests, 10% are now sheltered and 4% are now employed. At least six known individuals have sought recovery and/or rehabilitation support. All figures could be higher since there is no way to consistently track the status of guests once they leave Grace House. 100% of registered guests are homeless who meet income eligibility as low-income or extremely low-income individuals or families.

**c. Outreach**

In its four-year history, Grace in Action has built a strong presence in the community to educate others about the needs of those who have lost not only their shelter, but also their dignity. Volunteers come from participating faith communities, the general public, and the local colleges and universities. At least four formerly homeless people have volunteered.

Grace in Action has significantly increased public awareness through newspaper articles, public speaking and church bulletins regarding the needs of those struggling with homelessness. Education and public awareness of the plight of the homeless and poor, as well as volunteer opportunities available through added church partners and community groups provide significant outreach opportunities.

Grace in Action has already touched the lives of nearly 300 people. Many unsheltered homeless individuals have been assisted in making positive changes in their life direction. Volunteers have been successful in extending mercy and care into the community through their work at Grace in Action. Articles describing the role of Grace in Action and its mission are posted on our web site: [www.Grace-in-Action.org](http://www.Grace-in-Action.org). Grace in Action seeks to increase the number of guests' success stories by obtaining a City of Davis Community Development Block Grant.

## PERFORMANCE SCHEDULE

**Work Plan** (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
<b>Recruit and train volunteers</b>	<b>Monthly</b>
<b>Fundraise</b>	<b>Ongoing</b>
<b>Provide daytime rest and renewal</b>	<b>Ongoing</b>
<b>Assist eligible registered guests to enroll in YCHIP</b>	
<b>Provide registered guests with basic items for personal hygiene, health and outdoor survival</b>	<b>Ongoing</b>
<b>Provide emergency housing for registered guests requiring extended bed rest or acute after care</b>	<b>As needed</b>
<b>Strengthen staff awareness of referral practices of local rehabilitation facilities</b>	<b>Ongoing</b>
<b>Provide partial funding for registered guest entry into Drug and alcohol rehabilitation programs</b>	<b>Ongoing</b>
<b>Evaluate Data Collection</b>	<b>August 2007</b>

## PERFORMANCE MEASUREMENTS

<b>ACTIVITY</b> (What the program does to fulfill its mission)	<b>INDICATOR</b> (The direct products of program activities) Service #s	<b>OUTCOME</b> (Benefits that result from the program)
Provide Basic Need Assistance	Provide daytime rest and renewal and need assistance at least three times per week	Homeless individuals receive daytime shelter, a safe and sober place to rest, emergency food and clothing and referrals to other support agencies such as STEAC.
Provide Basic Human Needs: Health Care for unsheltered homeless guests	100% of Registered Guests of Grace in Action will be introduced to YCHIP.	The number of registered guest referrals to the emergency room for preventative health needs will decrease by 10% from 2005 due to assistance in completing applications and increased awareness of available health care options.
	Meet with local discharge nurse at Sutter Davis Hospital to establish a collaborative working relationship in regard to protocol and procedures, especially for unsheltered homeless individuals and emergency room services.	Communication between service agencies will establish a stable continuum of health care. Emergency housing options for recently hospitalized registered guests will increase due to hospital staff receiving basic information about health related services of Grace in Action.

	Strengthen collaborative relationships with at least two local rehabilitation programs (Beamer Street Detoxification Center and Walter’s House in Woodland). Case management through Individualized Goal Plans will be shared (with guest permission) re: employment or education goals to allow for continued progress.	A stronger working relationship between agencies will increase the success rate for individuals in recovery seeking employment and improved living status.
	Submit request to Kaiser Permanente Hospital and Sutter Davis Hospital for medical supply donations and other health related support.	Guests will have access to basic emergency supplies and consultation. Increased awareness of local health agencies of Grace in Action services will lead to potential volunteers from the medical field.
	Grace in Action will meet with the directors of each health related agency to establish written guidelines and efficient protocol for drug and alcohol rehabilitation referrals.	A referral brochure describing rehabilitation support options will be developed for homeless guests and affiliated Grace in Action agencies.
	Maintain a collaborative working relationship with at least one local motel to provide emergency shelter for no less than twelve homeless individuals recovering from illness or surgery.	Discounted rates and automatic payment system through a local motel will provide for homeless guests in need of emergency care housing, thus reducing the number of emergency demands on local agencies.
	Meet with at least two guests participating in drug and alcohol rehabilitation programs to establish follow up need/support from Grace in Action.	Some of the homeless will take their first steps toward sobriety, which will improve their physical, emotional, and social health.

**CITY OF DAVIS  
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

***BUDGET SUMMARY FOR PROPOSED PROJECT\****

<b>Budget Category</b>	<b>Proposed Project “CDBG Portion”</b>	<b>Other Sources</b>	<b>Total</b>
A. Salaries and Wages	4,800	43,200	48,000
B. Fringe Benefits and Payroll		8,000	8,000
<b><i>TOTAL PERSONNEL BUDGET</i></b>	<b>4,800</b>	<b>51,200</b>	<b>56,000</b>
A. Emergency Housing for Guests	880	1,120	2,000
B. Addiction Rehabilitation Funding	2,035	2,915	4,950
C. First Aid Supplies	350	350	700
D. Outdoor survival supplies	500	500	1,000
E. Transportation	350	350	700
<b><i>TOTAL NON-PERSONNEL BUDGET</i></b>	<b>4,115</b>	<b>5,235</b>	<b>9,350</b>
<b>TOTAL PROJECT BUDGET</b>	<b>8,915</b>	<b>56,435</b>	<b>65,350</b>

**\* Please revise this form and annotate budget items as needed**

**NEW REQUIREMENTS:** All applicants are requested to submit a copy of their organization’s Operating Budget.

**Personnel Expenses**

10% of Director’s Salary

**Direct Services to Guests**

- A) Emergency Housing for guests—Discounted rates of \$44 per night through a local motel for guests of Grace in Action.
- B) Addiction/Rehabilitation Funding—One 28-day program @ \$1540 and three three-day programs @ \$165 at a center such as Beamer Street Detoxification Facility, Yolo County Alcohol, Drug and Mental Health Services Department (178 West Beamer Street, Woodland, CA 95695).
- C) First Aid Supplies—Includes cough drops, bandages, antibiotic cream, cough and cold medicine, tissues and lip balm, etc.
- D) Outdoor Survival Supplies—Includes tents, sleeping bags, tarps, batteries and flashlights and rain gear
- E) Transportation—Includes bicycle supplies such as repair kits, lights, tubes and tires, gas

vouchers and family emergency bus transportation for guests

<b>Grace in Action, Inc.</b>	<b>2006 Budget</b>
<b>Income Sources</b>	
Church Sponsors	\$10,000
Individual Donations	15,000
Individual Pledges	12,000
Fundraisers	15,000
Grants/Foundation Support (pending)	30,500
Interest and payment for services	250
<b>TOTAL INCOME</b>	<b>\$82,750</b>
<b>Expenses</b>	
<b>Personnel Expenses</b>	
Salaries Director	\$ 48,000
Fringe Benefits and Payroll	8,000
<b>Subtotal Personnel Expenses</b>	<b>\$ 56,000</b>
<b>Non-Personnel Expenses</b>	
<b>Direct Services to Guests</b>	
Emergency Housing for guests	2,000
Addiction Rehabilitation funding	4,950
First Aid supplies	700
Food for guests	1,000
Clothing for guests	200
Inspirational Curriculum	500
Outdoor survival supplies	1,000
Transportation	700
Extraordinary Needs/Guest Support	600
<b>Subtotal Direct Expenses</b>	<b>11,650</b>
<b>Operational Expenses</b>	
Professional fees	500
Meeting and Retreat Expenses	600
Office Supplies/Software	2,000
Garden and Project Supplies	400
Telephone and Cellular Phone	1,200
Postage	800
Publicity/Brochures	700
Auto Expenses	1,500
Fundraiser Expenses	2,600
Liability Insurance	3,000
Volunteer Training	300
Grace House Expenses	1,500
<b>Subtotal Operational Expenses</b>	<b>15,100</b>
<b>Subtotal Non-Personnel Expenses</b>	<b>26,750</b>
<b>TOTAL EXPENSES</b>	<b>\$82,750</b>

