

CITY OF DAVIS
2005-2006 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: CommuniCare Health Centers

Street Address: 2040 Sutter Place, Davis, CA 95616
Mailing Address: P.O. Box 1260, Davis, CA 95617
E-mail Address: robina@communicareclinics.com
Phone Number: (530) 753-3498
Fax Number: (530) 758-2109

Contact: Robin Affrime Address: P.O. Box 1260, Davis, CA 95617 Phone: (530) 753-3498, ext 1205
(Be sure to list the best contact to get information to the organization as quickly as possible.)

Total Proposal Request: \$ 21,000

(Check one) On-going Support New Project

CDBG Eligible Category: Public Service
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientele
(See List B)

City Council Identified Critical Needs: (See List C)

- 1) Basic Human Needs: Health Care
- 2) _____
- 3) _____

PUBLIC SERVICE

NON-PUBLIC SERVICE

Beneficiary Information:

4250 Total number of beneficiaries in program
575 Number of beneficiaries in program to be served with **CDBG** funds
100% Percentage of the **CDBG** beneficiaries with low/moderate income
\$36.52 Cost per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

- a. **Need:** The Davis Community Clinic has been providing affordable, high-quality health care to the patient population of ethnically diverse, low income, uninsured Davis area residents since its founding in 1972. Davis Community Clinic, like the other six Yolo County clinics that make up CommuniCare Health Centers, is the clinic of last resort for families and individuals without health coverage and without the resources to pay for care. Since much of the care we provide for our clients is uncompensated, we are continually seeking funds from a variety of public and private sources in order to continue providing the quantity and quality of services upon which our clients depend. This proposal requests ongoing CDBG funding support for children's medical and dental care.

Over 36% of the patients seen at the Davis Community Clinic are children and adolescents, and nearly half are from families without any form of health coverage. Almost all of the children come from low and very low-income families. There are increasing numbers of low and moderate income working families who do not qualify for Medi-Cal or Healthy Families Program (HFP) coverage and do not receive health benefits through their employers. The annual income of most of these families falls well short of being able to afford the cost of any medical and dental insurance on their own. Despite some state and regional proposals, there is yet to be any new government programs enacted that will address these uninsured families and individuals. In fact, current proposals from the governor's office threaten funding for some programs, and recent actions at the county level have reduced the number of families eligible for coverage by the Yolo County Healthcare for Indigents Program (YCHIP). Because of these developments, we expect the number of uninsured patients seeking medical and dental services at Davis Community Clinic to continue to increase.

CDBG funding is always our last resource for funding services to the uninsured, as we make every effort to enroll clients in programs for which they are eligible. The Davis Community Clinic has an Eligibility Worker who screens uninsured patients for eligibility for all existing public programs. Although CommuniCare works hard to qualify all clients for a funding source, some simply are not eligible for any available programs. CommuniCare is certified to assist clients in their application to HFP. However, HFP has not been successful in enrolling the expected numbers of uninsured children. Many of our client families do not qualify for this program due to eligibility restrictions. The monthly premium is also a barrier to many families and if a family falls behind in their payments, they are dropped for six months and are without health insurance. Child Health and Disability Program (CHDP) is a state program that reimburses only for well child exams and immunizations. There are no government programs to cover the cost of pediatric sick care for uninsured, low-income families. Therefore, we depend on CDBG funds as our last resort for maintaining access to care for these children and providing services that are otherwise uncompensated.

Cutbacks and changes in YCHIP and Medi-Cal, two programs that provide both medical and dental coverage for low income residents, have already greatly reduced the number of patients with healthcare coverage while further changes threaten the coverage of many more. The County's recent cost-cutting effort that restructured eligibility requirements for the YCHIP program resulted in trimming the program by one-third of the people previously eligible for coverage, leaving approximately 1,000 individuals without medical and dental coverage. The trimming of YCHIP eligibility is already impacting the number of uninsured patients seeking medical and dental services at Davis Community Clinic, adding to an increasing number of uninsured visits that previously would have been covered by the program.

Medi-Cal covers many patients at CommuniCare, but not all pediatric clients are eligible for Medi-Cal due to residency or family income qualification. Cuts made in 2003 to Medi-Cal reimbursement rates still continue to negatively impact CommuniCare's budget and ultimately affect access to care for families. Additionally, the governor has proposed a premium for Medi-Cal to be paid by families that are above 100% of the poverty level. If enacted, we expect this will likely result in a significant number of families who are unable to make or maintain the premium payments falling off from the program, creating an

increase in the number of uninsured seeking medical and dental services.

Support for dental services for uninsured, low-income children in our community remains a real and very likely growing need. There continues to be inadequate access to dental care in our community for children who have no insurance and whose families are without ability to pay for services. Many dentists limit the number of children served in private practices, and the spaces that are available usually fill with privately insured children, or in a few cases, children insured through Denti-Cal. Additionally, many children seen in our clinic have never before been seen by any dentist. These children often arrive in pain and present multiple dental problems. The care is difficult and often requires extra time. CommuniCare actively seeks to recruit volunteer dentists for Davis Community Clinic to create as much access as possible.

The support from the City of Davis Community Development Block Grant Program has been invaluable over the years in promoting the health of our community by providing thousands of medical and dental visits to medically underserved sick children and children in need of dental services who would otherwise have gone without the care they need. The Davis Community Clinic has consistently met the service level objectives of beneficiaries served with CDBG funds. In our most recent report up through 6 months of the current program funding, we showed provision of services covering 63% of our proposed 2004-2005 scope of services, projecting well above 100% by the end of twelve months.

- b. Benefit:** This program will improve the health of low income, uninsured families of 575 Davis children by providing at least 250 pediatric visits and 325 dental visits. All families served by the Pediatric Program and the Dental Program at Davis Community Clinic are within the low and moderate-income guidelines. 98% of families accessing services funded by CDBG have incomes below 50% of median. The remaining 2% have incomes under 80% of median. All pediatric patients receiving services through CDBG funding are low income, uninsured Davis residents. This program serves to meet the critical need of Basic Human Need: Basic Healthcare for Uninsured Youth and Families.
- c. Other Resources and Collaboration:** Pediatric services are funded through a combination of CHDP billing, Medi-Cal billing, state grant funds, HFP, and patient sliding scale payments. CHDP only covers immunizations and well child visits and does not cover sick care. An eligibility worker stationed at Davis Community Clinic ensures that eligible families are enrolled in Medi-Cal or other programs for which they qualify. Dental care is funded through Denti-Cal reimbursement, HFP, Dental Foundation contributions, and patient sliding scale payments. Denti-Cal has the same eligibility requirements as Medi-Cal. Families without health coverage or unable to qualify for programs are asked to pay for services according to a sliding fee scale, but none are really able to pay the full cost of their care. However, no one is refused care based on inability to pay. Although clients are not able to pay the full cost of care, their contributions are an important source of funding and are critical to balancing CommuniCare's operational budget.

Community fundraising is an important aspect of maintaining the level of services offered at our clinics. CommuniCare is fortunate to have strong support from the community. More than \$140,000 is raised each year from the community through a combination of mail appeals, service club donations, and individual gifts to support our programs and services. The community also contributes non-monetary gifts, including clothing, books, toys, and car seats. Local physicians, dentists, and optometrists also make generous donations of medical and dental supplies and equipment.

Volunteers are essential to maintaining the quality of care and the cost effectiveness of Clinic operations. Over the course of last year, CommuniCare had over 395 volunteers, including 48 physicians, 23 dentists, 6 optometrists, 1 psychologist, 1 pharmacist, 1 mid-level practitioner, medical and dental students, interns and trained community volunteers. The annual value of these volunteers' time is estimated at over \$409,300.

CommuniCare has been a partner in the Yolo Health Alliance (YHA) since its founding nearly 11 years ago. The YHA is an integrated public/private collaboration between CommuniCare Health Centers, Yolo County Health Department, Sutter Davis Hospital and Sutter West Medical Group chartered with providing health

care services for Yolo County residents without any health care coverage and without any resources to pay for services — individuals and families who do not qualify for government-subsidized coverage and who would otherwise fall through the cracks of traditional health care systems. Since then, the Yolo Health Alliance has provided health care services to nearly 30,000 individuals qualifying as medically indigent. Davis Community Clinic is the safety net provider for the low-income and uninsured residents of the Davis area and is the only provider of comprehensive primary care in our community to treat individuals regardless of their ability to pay.

- d. **Organizational Capacity:** Fiscally-responsible leadership and long-term stability are primary reasons CommuniCare has been able to grow and respond effectively to meet the needs of our clients. By diversifying revenue sources to include public moneys from federal, state, county, and local governments, as well as foundation grants, donations from local and regional businesses, and support from individual community members, we have safeguarded CommuniCare's fiscal viability over time. CommuniCare remains faithful to its founding mission of providing high-quality health care to those in need, and continues to stress preventive care and health education in all its programs, and provide respectful, culturally-appropriate services.

Davis Community Clinic fills a unique need by providing evening clinic hours for the convenience of the working families that we serve. Although many clients access our daytime clinics, evening hours are important to parents who are not given time off from work to take their children to see the physician or dentist. In order to provide linguistically and culturally appropriate care, clinic staff is as ethnically diverse as the patients they serve and speak the languages necessary to converse with and translate for patients.

CommuniCare is governed by a volunteer Board of Directors (*attached*), which includes health care professionals, business people, and community members, including consumers of CommuniCare's services. The Board participates actively in the organization at monthly meetings, at an annual retreat, and in subcommittees. Administrative policies and financial records are audited annually by an independent CPA. No audit exceptions were reported for the fiscal year ending June 30, 2004. Objectives for all of the previous CDBG funding awards have been met. CommuniCare has an experienced administrative staff working under the direction of Executive Director Robin Affrime, and Chief Financial Officer Sherry Cauchois. Both Robin and Sherry have been with the agency for over 20 years.

SCOPE OF SERVICES

- a. **Project Description:** Pediatric sick care: CommuniCare requests CDBG funds to provide 250 pediatric sick visits for low income, uninsured residents of Davis. Services will include treatment for childhood illnesses, medications, diagnostic laboratory tests, preventive health education, referrals for necessary specialty care, and assistance with psychosocial needs. CDBG funds will be used to maintain the staffing of mid-level practitioner hours.

Pediatric dental care: CommuniCare requests CDBG funds to provide 325 dental visits to low income, uninsured residents of Davis. Services will include diagnostic exams, x-rays, dental treatment of caries, root canal, sealants, emergency care, referrals, preventive care, and other treatment as required. CDBG funds will be used to maintain the staffing of dentist hours.

CDBG funds are needed for ongoing support because there are no other sources of funding for these services. Without CDBG support, the availability of services would have to be reduced and access to care limited to unacceptable levels. The cost per visit is \$36.52. This cost includes all related expenses for staff, lab work, pharmacy, dental x-rays, and supplies required to provide the visit. Comparable costs through a private physician or dental office are 2 to 5 times higher.

CDBG funding is expended on a per visit basis, and 100% of the funding is used for its specified purpose.

CDBG funds are used only for patients who fit the following guidelines: the child lives in Davis; the family meets the income eligibility; the family has no other health coverage; and the child is receiving sick care OR the child is receiving dental care.

- b. Target Group:** CDBG funding is reserved for children whose families meet the income guidelines of the program, who are residents of Davis, and are receiving care at the Davis Community Clinic for treatment of an illness or dental care. Quarterly reports will document the progress made toward meeting the program objectives of 250 pediatric sick visits and 325 pediatric dental visits. All 575 visits will be to low and low/moderate income families. Approximately 450 Davis households will benefit from the program.
- c. Outreach:** Clinic staff will publicize the activities funded by CDBG. CommuniCare staff regularly attends relevant community meetings. Members of CommuniCare staff serve actively on all area health, dental, and youth related advisory boards such as: Maternal, Child, and Adolescent Health Advisory Board; Yolo County Immunization Coalition; Regional Shots for Tots; Yolo County Health Council; Youth Services Task Force; Dental Foundation; and Children's Dental Disease Prevention Program Advisory Board.

CommuniCare is a partner in the Yolo Health Alliance and works with Sutter Davis Hospital and Sutter West Medical Group to care for the county's indigent populations. CommuniCare also provides physical exams for all children entering the Campo del Sol Migrant Camp in South Davis each spring.

CommuniCare's outreach program works with families in the community to educate them about available services and link them to care. CommuniCare's Smile Saver Program provides dental outreach and education to elementary schools throughout Yolo County and for Head Start and Migrant Education children. Smile Saver services including exams, application of sealants, fluoride treatment, and referral to the clinics for dental treatment.

PERFORMANCE SCHEDULE

Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
• Continue staff availability for pediatric visits including practitioner staff, translation staff, and medical assistant staff.	July 1, 2005
• Continue dental staff availability for children's appointments.	July 1, 2005
• Provide outreach through meetings, school personnel, and other community outreach.	June 30, 2006
• Provide 250 sick pediatric visits to low/moderate income Davis residents without other health coverage.	June 30, 2006
• Provide 325 dental visits to low/moderate income Davis residents without other dental coverage.	June 30, 2006

PERFORMANCE MEASUREMENTS

ACTIVITY (What the program does to fulfill its mission)	INDICATOR (The direct products of program activities) Service #s	OUTCOME (Benefits that result from the program)
1. Continue staff availability for pediatric visits including practitioner staff, translation staff, and medical assistant staff.	Continued staffing at DCC of two Physician Assistant positions with specific experience in pediatrics, and one Family Practice physician. Continue staffing of volunteer pediatricians and Pediatric Program Medical Director, bilingual medical assistants and health educators.	Pediatric services continue to be available at DCC Monday through Friday, with both daytime and evening hours available to accommodate working parents. Sick visits will continue to be accommodated on a same day basis.
2. Continue dental staff availability for children's appointments.	Continued staffing of Dental Program team including two dentists, six volunteer dentists, two dental hygienists, three dental assistants, student interns and administrative staff.	Dental services continue to be available at DCC three days per week and an average of one evening per week. Emergency cases will continue to be seen on a walk-in basis with same day availability.
3. Provide outreach through meetings, school personnel, and other community outreach.	Attendance by CommuniCare staff at community advisory group meetings that relate to health care and children's issues; continuing	Local community advisory groups, school nurses and public health nurses will be kept advised of CommuniCare services and will refer children

	communications with local school nurses, Health Start Programs and county public health nurses; continuing Smile Saver dental outreach program in local schools.	needing services to the Davis Community Clinic.
4. Provide 250 sick pediatric visits to low/moderate income Davis residents without other health coverage.	Billing records will record number and type of all patient visits. Patient information will detail income and coverage.	Health of families of at least 250 sick children will be improved.
5. Provide 325 dental visits to low/moderate income Davis residents without other dental coverage.	Billing records will record number and type of all patient visits. Patient information will detail income and coverage.	At least 325 children will have improved oral health and their families will receive oral health education.

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$19,000	\$143,000	\$162,000
B. Fringe Benefits	-0-	40,500	40,500
C. Consultant/Contract Services	-0-	-0-	-0-
TOTAL PERSONNEL BUDGET	\$19,000	\$183,500	\$202,500
D. Office Rent	\$0	\$6,600	\$6,600
E. Utilities	-0-	3,200	3,200
F. Telephone	-0-	2,000	2,000
G. Office Supplies	-0-	3,200	3,200
H. Equipment	-0-	2,000	2,000
I. Printing/Duplication	-0-	1,000	1,000
J. Travel/Conferences	-0-	-0-	-0-
K. Other (Medical and Dental Supplies)	2,000	\$14,200	\$16,200
TOTAL NON-PERSONNEL BUDGET	\$2,000	\$32,200	\$34,200
TOTAL PROJECT BUDGET	\$21,000	\$215,700	\$236,700

* Please revise this form and annotate budget items as needed

NEW REQUIREMENTS: All applicants are requested to submit a copy of their organization’s Operating Budget.

**CommuniCare Health Centers
Davis Community Clinic
Annual Budget
Beginning July 1, 2004 Ending June 30, 2005**

Revenue

FQHC	144,000.00
State of California Oral Health.....	40,638.00
State of California Ag. Workers	112,499.00
State of California EAPC	303,299.00
State of California SOFP	70,200.00
State of California BCEDP	12,000.00
Medi-Cal.....	20,000.00
CHDP	23,000.00
PHP Davis.....	112,300.00
Healthy Families Program	25,000.00
Yolo County Peds IZ	43,000.00
Migrant Ed.....	2,000.00
Head Start	1,000.00
Title X Primary Care	100,085.00
Client Fees	115,000.00
Susan G. Komen Foundation	24,800.00
Tides Foundation	25,000.00
Yolo Health Alliance	65,700.00
City of Davis CDBG.....	20,186.00
Wellness Foundation.....	40,000.00
Total Revenue	1,299,707.00

Expenditures

Salaries	807,012.00
Benefits	218,893.00
Insurance	10,500.00
IT Services	71,500.00
Facility Costs.....	78,500.00
Office Supplies	16,400.00
Medical Supplies	33,000.00
Pharmacy	46,000.00
Lab Expenses	25,000.00
Staff Training.....	4,800.00
Annual Audit.....	2,500.00
Licenses, Fees	6,000.00
Total Expenses	1,320,105.00

Deficit **(20,398.00)**

**CommuniCare Health Centers
Davis Community Clinic
Pediatric Program
Medical and Dental Services
Annual Budget
Beginning July 1, 2004 Ending June 30, 2005**

Revenue

FQHC	15,000.00
State of California Oral Health.....	40,638.00
Medi-Cal Newborn	13,500.00
CHDP	23,000.00
Healthy Families.....	23,000.00
Yolo County Peds IZ	43,000.00
Migrant Ed.....	2,000.00
Head Start	1,000.00
Yolo Health Alliance	35,000.00
City of Davis CDBG.....	20,186.00
Total Revenue	216,324.00

Expenditures

Salaries	156,000.00
Benefits	37,500.00
Insurance	4,000.00
Office Rent	6,600.00
Utilities	3,200.00
Telephone	2,000.00
Office Supplies	3,200.00
Duplication	1,000.00
Equipment	2,000.00
Medical and Dental Supplies.....	16,200.00
Total Expenses	231,700.00

Deficit **(15,376.00)**

**CommuniCare Health Centers
Davis Community Clinic
Projected Annual Budget
Beginning July 1, 2005 Ending June 30, 2006**

Revenue

FQHC	160,000.00
State of California Oral Health.....	40,638.00
State of California Ag. Workers	112,499.00
State of California EAPC	303,300.00
State of California SOFP	70,700.00
State of California BCEDP	12,000.00
Medi-Cal.....	20,000.00
CHDP	23,000.00
PHP Davis.....	112,300.00
Healthy Families.....	25,000.00
Yolo County Peds IZ	43,000.00
Migrant Ed.....	2,000.00
Head Start	1,000.00
Title X Primary Care.....	100,000.00
Client Fees	115,000.00
Susan G. Komen Foundation	15,500.00
Yolo Health Alliance	65,700.00
City of Davis CDBG.....	21,000.00
<u>Wellness Foundation.....</u>	<u>40,000.00</u>
Total Revenue	1,282,637.00

Expenditures

Salaries	830,000.00
Benefits	224,100.00
Insurance	10,500.00
IT Services	62,000.00
Facility Costs.....	80,000.00
Office Supplies	16,000.00
Medical Supplies	33,000.00
Pharmacy	47,000.00
Lab Expenses	27,000.00
Staff Training.....	4,800.00
Annual Audit.....	2,500.00
<u>Licenses, Fees</u>	<u>6,000.00</u>
Total Expenses	1,342,900.00

Deficit (60,263.00)

**CommuniCare Health Centers
Davis Community Clinic
Pediatric Program
Medical and Dental Services
Projected Annual Budget
Beginning July 1, 2005 Ending June 30, 2006**

Revenue

FQHC	20,000.00
State of California Oral Health.....	40,638.00
Medi-Cal Newborn	13,500.00
CHDP	23,000.00
Healthy Families.....	23,000.00
Yolo County Peds IZ	43,000.00
Migrant Ed.....	2,000.00
Head Start	1,000.00
Yolo Health Alliance	25,000.00
City of Davis CDBG.....	21,000.00
Total Revenue	212,138.00

Expenditures

Salaries	162,000.00
Benefits	40,500.00
Insurance	4,500.00
Office Rent	6,600.00
Utilities	3,200.00
Telephone	2,000.00
Office Supplies	3,200.00
Duplication	1,000.00
Equipment	2,000.00
Medical and Dental Supplies.....	16,200.00
Total Expenses	241,200.00

Deficit **(29,062.00)**



*Promoting
Healthy
Communities
in the Yolo
Region for
Over 30 Years*

Board of Directors

❑ CommuniCare Health Centers,
Administration
Post Office Box 1260
Davis CA 95617
Phone (530) 753-3498
Fax (530) 758-2109

❑ CommuniCare Health Centers,
Davis
2040 Sutter Place
Davis CA 95616
(530) 758-2060 Medical
(530) 757-4667 Dental

❑ CommuniCare Health Centers,
Esparto
16827 Fremont Avenue
Esparto CA 95627
(530) 787-4972

❑ CommuniCare Health Centers,
Knights Landing
9586 Mill Street
Knights Landing CA 95645
(530) 735-1776

❑ CommuniCare Health Centers,
Peterson Clinic*
8 North Cottonwood Street
Woodland CA 95695
(530) 666-8960 Medical
(530) 666-8954 Dental

❑ CommuniCare Health Centers,
Salud Clinic*
500B Jefferson Blvd., #180
West Sacramento CA 95605
(916) 375-6400 Medical
(916) 375-6430 Dental

❑ CommuniCare Health Centers,
Substance Abuse Treatment Program
950 Sacramento Avenue
West Sacramento CA 95605
(916) 371-1966

❑ CommuniCare Health Centers,
Substance Abuse Treatment Program
804 Court Street
Woodland CA 95695
(530) 668-2400

David Serena
President
Woodland, CA

*Executive Director,
Yolo County Housing Authority*

Chris Serdahl, MD
Vice President
Davis, CA

Ophthalmologist, private practice

Nancy Deaver
Secretary/Treasurer
Davis, CA

Job Analyst

Beatriz Cabezon
Davis, CA

Translator

Jim Engstrom
President
West Sacramento, CA

CPA and Principal, Ullrich Delevati Firm

Sherry Gutierrez
West Sacramento, CA

Community Volunteer

Richard Larkey, MD
Winters, CA

Retired Family Practice Physician

Renee Liston
Davis, CA

Community Volunteer

Gail Martinez
Galt, CA

Business Consultant

Raymond Rivera
Davis, CA

Industrial Mechanic

Alejandra Solis
Sacramento, CA

Caregiver

Marilyn L. Wirth
Woodland, CA

Community Volunteer

*Partners in the Yolo Health Alliance