

CITY OF DAVIS
2005-2006 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: City of Davis; Parks & Community Services (Inclusive Recreation program)

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(Be sure to list the best contact to get information to the organization as quickly as possible.)

Total Proposal Request: **\$ \$13,000**

(Check one) X On-going Support New Project

CDBG Eligible Category: Public Service
(See List A)

National Objective Compliance/Low and Mod Benefit: Limited Clientel
(See List B)

City Council Identified Critical Needs: (See List C)

1) Mental Health Services

PUBLIC SERVICE X

NON-PUBLIC SERVICE

Beneficiary Information:

<u>68</u>	Total number of beneficiaries in program
<u>68</u>	Number of beneficiaries in program to be served with CDBG funds
<u>90 %</u>	Percentage of the CDBG beneficiaries with low/moderate income
<u>\$191.00</u>	Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

The Americans with Disabilities Act of 1990 (along with other state and federal mandates) has brought many advances to the California disabled community; however, most experts contend that community access for persons with disabilities continues to be significantly limited. The most recent Census data indicates that an overwhelming majority of persons with disabilities continue to be unemployed or under-employed. Within Yolo County, the majority of the developmentally disabled leave high school only to enter segregated work or day programs. In addition, interaction within the typical community and access to general recreation services is severely limited.

Recreation and leisure experiences are key components to the quality of life. The importance of mental and physical health is a current focus for all Americans. Leisure experiences and consistent physical activity are also essential for persons with disabilities. Such persons are more susceptible to obesity and other health issues due in a large part, to the limited access of meaningful employment and stimulating activities and programs.

Currently the Center for Disease Control (CDC) estimates that 17% of United States children and teens are diagnosed with disabilities. In 1990 when the ADA was written, the CDC estimated that 10% of the same population had disabilities. In addition to an increase in the quantity of disabilities, the amount of diagnosable disabilities has also grown. Last summer, for example, we provided support to a number of children diagnosed with bi-polar disorder, a disability that we had not previously experienced. The number of people with disabilities, the types of disabling conditions and support needs to help these individuals lead meaningful lives are continually increasing. The need to provide support for individuals enrolled in typical recreation classes, as mandated by the ADA is on-going.

Pine Tree Gardens, a program that offers a variety of programs for persons with mental illness issues, serves an extremely underserved population. A portion of the CDGB requested funds will enable Pine Tree Gardens clientele to increase their recreation and leisure needs. Elevated physical activity within a community setting continues to be their focus for their portion of this request. In order for individuals with developmental disabilities and/or mental illness to sustain meaningful community success, such support is necessary.

In the fiscal year 2004/05, more than 2,317 hours of direct support were provided to 35 individual disabled children. This is a 1,000 hour increase over the previous year. In addition 600 hours of indirect support was provided by temporary part time recreation leaders. Eleven of the thirty five participants were new to our programs and classes. The support given enabled these children to participate in typical recreation programs including gymnastics, sports camps, playground programs, trips, cooking camp, outdoor camp horseback riding, and swimming lessons. Without support, participation in recreational classes would not be possible. The participants, whose disabilities included autism, cerebral palsy, Down syndrome, and bi-polar disorder, interacted positively with other participants, broadened their recreational experiences, and gained confidence in their abilities.

b. Benefit

The purpose of the Inclusive Recreation Program is to enhance the quality of life for persons with disabilities through access to recreation and leisure activities. All of the recipients have a critical need for “mental health services – socialization for chronically mentally-ill and disabled”. The adults with disabilities served by the program are living on SSI or SSA benefits.

c. Other Resources and Collaboration

In addition to CDBG funding, the City of Davis, Parks & Community Services Department provides funding for the Alternative Recreation and Inclusive Recreation Program. The Americans with Disabilities Act requires the City of Davis to provide support to allow individuals in the community to participate in the City's recreation programs. The City provides this support through the Inclusive Recreation Program. If CDBG funding for Inclusive Recreation is cut, the City Council may consider reducing other programs for the disabled in order to fund the Inclusive Recreation Program. This includes the Alternative Recreation program, a program for the developmentally disabled, and also programs for the mentally ill.

It has been difficult to use volunteers in the Inclusive Recreation Support Service Program because the staff require 1) knowledge of a wide variety of disabilities and 2) experience working with individuals with disabilities.

The City is unaware of any organization other than Pine Tree Gardens that provides recreational experiences for persons with mental illness. There are no other groups in Davis that specifically provide resources to enable disabled individuals to fully participate in recreation programs.

d. Organizational Capacity

The Alternative Recreation program administers this project, under the umbrella of the City of Davis, Parks & Community Services Department. The Department has provided recreation services for persons with disabilities for 30 years. The City Council serves as the Board of Directors.

The Inclusive Recreation Program fills a niche that is not filled by any other organization in Davis. The sole mission of inclusive recreation is to ensure that individuals with disabilities participate in meaningful recreation activities and programs with their non-disabled peers, as mandated by law.

SCOPE OF SERVICES

a. Project Description

The Inclusive Recreation Program will continue to provide recreational opportunities for persons with both developmental disabilities and mental illnesses. The program will provide support and necessary accommodations for individuals to attend City of Davis classes and programs. Developmental disabilities include autism, cerebral palsy, mental retardation, epilepsy and other neurological conditions that impair cognitive development. Mental illnesses include, but are not limited to, bi-polar disorders, severe phobias, schizophrenia and manic depression. Typically, a ratio of one staff person per participant is required to allow a disabled person to fully participate in a recreation program. No other agency in Davis provides support to “include” disabled individuals in recreation programs. Recreation programs for the mentally ill will also be provided through this grant. The programs will be provided by Pine Tree Gardens, an organization that serves the mentally ill. Pine Tree Gardens will provide a wide variety of classes and activities to the mentally ill (e.g. dances, sing-a-longs, exercises classes, art programs, field trips).

The City’s cost per beneficiary cannot be compared to other agencies since the service is not provided by other agencies.

100% of the CDBG funds will be used to directly fund programs for CDBG eligible clients.

b. Target Group

This project will serve 68 low to moderate income individuals. These beneficiaries request support services numerous times throughout the year. Within the 35 individuals that the City of Davis served, we received over 100 different requests for service. Pine Tree Gardens serves 33 individuals in numerous recreation activities throughout the year.

c. Outreach

The City of Davis, Parks & Community Services Department publishes a Recreation Schedule three times a year. It lists class schedules and programs available to the community. In addition, flyers and press releases in the newspaper are utilized to advertise programs.

The Alternative Recreation Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation Program and it's services.

Information about the Alternative Recreation program is mailed out monthly to special education teachers, social service case managers, other disabled service providers and interested community members.

PERFORMANCE SCHEDULE

Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
Staff Training	Quarters 1 – 4
Networking with Pine Tree Gardens	Quarters 1 – 4
Program Publicity	Quarters 1 – 4
Maintain Accurate Attendance and Account Records	Quarters 1 – 4
Program Evaluation	Quarters 1 – 4

PERFORMANCE MEASUREMENTS

ACTIVITY <small>(What the program does to fulfill its mission)</small>	OUTPUT <small>(The direct products of program activities)</small> <small>Service #s</small>	OUTCOME <small>(Benefits that result from the program)</small>
Provide direct support services to individuals with developmental disabilities	26	Enable those with developmental disabilities and mental illness to increase their recreation and leisure pursuits. Allow children to participate in typical recreation programs with their non disabled peers. Thus increasing socialization. Broadens recreational experiences and helps people to gain confidence in their abilities. Enhances the quality of life for people with both mental illness and developmental disabilities through access to recreation and leisure pursuits. These programs fill a niche that is not filled by any other organization in Davis.
Provide indirect support services to individual with developmental disabilities.	9	
Provide recreational opportunities to those with mental illness.	33	

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project “CDBG Portion”	Other Sources	Total
A. Salaries and Wages	\$11,000	\$22,792	\$33,792
B. Fringe Benefits	0	\$14,386	\$14,386
C. Consultant/Contract Services	\$2,000	\$2000	\$4,000
TOTAL PERSONNEL BUDGET	\$13,000	\$39,178	\$52,178
D. Office Rent	0	0	0
E. Utilities			
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)			
TOTAL NON-PERSONNEL BUDGET	0	0	0
TOTAL PROJECT BUDGET	\$13,000	\$39,178	\$52,178

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

2004-2005 OPERATING BUDGET

Budget Category	Project "CDBG Portion"	Other Sources	Total
A. Salaries and Wages	\$10,880	\$22,345	\$33,225
B. Fringe Benefits	0	\$14,104	\$14,104
C. Consultant/Contract Services	\$2,100	\$2000	\$4,100
TOTAL PERSONNEL BUDGET	\$12,980	\$38,449	\$51,429
D. Office Rent	0	0	0
E. Utilities			
F. Telephone			
G. Office Supplies			
H. Equipment			
I. Printing/Duplication			
J. Travel/Conferences			
K. Other (Specify)			
TOTAL NON-PERSONNEL BUDGET	0	0	0
TOTAL PROJECT BUDGET	\$12,980	\$38,449	\$51,429