

**CITY OF DAVIS**  
**2005-2006 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**Organization Name:** Yolo Community Care Continuum

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*(Be sure to list the best contact to get information to the organization as quickly as possible.)*

**Total Proposal Request:** \$ 10,000

(Check one)  On-going Support  New Project

**CDBG Eligible Category:** Public Service  
(See List A)

**National Objective Compliance/Low and Mod Benefit:** Limited Clientele  
(See List B)

**City Council Identified Critical Needs:** (See List C)

- 1) Prevention and other Social Services: Mental Health Services
- 2) Basic Human Needs: Homeless Prevention Services
- 3) \_\_\_\_\_

PUBLIC SERVICE

NON-PUBLIC SERVICE

**Beneficiary Information:**

55 Total number of beneficiaries in program

33 Number of beneficiaries in program to be served with **CDBG** funds

100% Percentage of the **CDBG** beneficiaries with low/moderate income

\$ 303 Cost per **CDBG** beneficiary (CDBG Request/CDBG Beneficiaries)

## PROJECT NARRATIVE

### a. Need

New Dimensions Supportive Housing (NDSH) has been providing affordable housing in Davis since 1979 to people with a severe mental illness. Without support provided by YCCC, many of the individuals served would be unable to live in the community, become homeless, require increased crisis hospitalization, and require long-term hospitalization.

### b. Benefit

Services provided teach Davis clientele skills necessary to maintain housing such as managing symptoms of mental illness, health care, and independent living skills. Each of the Davis residents (100%) served qualifies as very-low income. The \$303 per recipient per year is a very economical way to support clients. Affordable housing is then provided to clients through supplementing rent and via Section 8. Support services provided by staff enable residents to maintain their housing. Services include aiding in developing and maintaining independent living skills such as shopping, meal planning, cooking, laundry, and cleaning. Residents are assisted in illness management and in keeping psychiatric and medical appointments. Staff helps residents to obtain benefits and rent subsidies ensure compliance with safety regulations and oversee maintenance of the house. When clients know how to manage their symptoms, they are encouraged to participate in vocational services through the Regional Resource Center (Davis) that helps them participate in the community by engaging in work, school, and volunteer opportunities.

There are currently 28 YCCC rooms available for supportive housing in Davis. From 2001 - 2004, State SHIA funding support enabled the supportive housing clients to increase their independent living skills, move to lower levels of care, and increase their medical/health knowledge.

Critical needs addressed include prevention of homelessness and socialization for chronically mentally-ill and disabled residents.

### c. Other Resources and Collaboration

Funding for NDSH is provided through the following: Yolo County Department of Alcohol, Drug and Mental Health Services (YCDADMHS). Volunteers have included UC Davis, UC Davis Graduate School of Management, the Alliance for the Mentally Ill, AmeriCorp, and mental health consumers.

YCCC collaborates with the community through various means including the Yolo County Homeless Coalition. The NDSH Program Director also works to develop relationships with local landlords to develop rentals to be used for NDSH.

### d. Organizational Capacity

Yolo Community Care Continuum was incorporated in 1979. The primary funding source is YCDADMHS which contracts with YCCC because services provided are effective in helping individuals manage their illness and are a cost-effective means of providing critical services. Services provided through YCCC are accredited by CARF (since 1997) for the vocational component. CARF accreditation ensures that program services, and agency procedures, meet nationally recognized standards for management and service delivery.

## SCOPE OF SERVICES

**a. Project Description** (Activity Summary: Describe the activities of the proposed budget)

Funding from Davis CDBG offsets the utility expenses for the supportive housing homes in Davis. YCCC uses a scattered site, congregate model renting houses from local landlords. Each resident has his/her own room; the kitchen and common areas are shared. Residents pay one sum each month to cover rent, utilities, cable, phone and maintenance. This simplifies the bill paying process for residents and averts financial difficulties that often result when a resident goes through a period of not being psychiatrically stable.

YCCC staff provides individualized services to each resident and to each household as a group. Services provided include teaching independent living skills such as meal planning, shopping, cooking, cleaning, and laundry. Staff meets weekly with each household as a group to ensure that the household is running smoothly, to mediate any roommate difficulties, and to provide opportunities for socialization.

In addition to individualized and group support, services include locating housing, providing clinical and medical support, teaching vocational skills, providing rent subsidies if necessary, ensuring safety and maintenance of each property, and providing transportation of clients to appointments. YCCC also provides transportation to other mental health services located in Woodland including the Yolo County Conservator's office, medical appointments, and the offices of YCDADMHS.

Mental health clients are also encouraged to participate in other YCCC services such as the representative payee program and Regional Resource Centers.

Individuals without support in housing may lose their housing when an increase of psychiatric symptoms occurs. The cost of supportive housing ensures that mentally ill Davis residents will get the services they need to live effectively and productively in the community.

Due to the chronic nature of these illnesses, many of the individuals served are unable to live independently with out support from a mental health program. However, with training, support and a sense of hope, many individuals are able to not only live independently but also to maintain competitive employment in the community.

**b. Target Group**

Funding will enable 33 persons diagnosed with a mental illness who have a very-low income and are Davis residents to have housing in Davis. The individuals served all have a diagnosis of serious and persistent mental illness which includes diagnoses such as schizophrenia and manic-depression. Individuals served by YCCC qualify as very-low income under federal guidelines. Often the mental illness is compounded by other health problems, substance abuse, and poverty. Homelessness is the result.

**c. Outreach**

Outreach will include:

- ◆ Coordination of service planning with YCDADMHS, a primary referral source.
- ◆ Participation in the Homeless Coalition to coordinate community resources.
- ◆ YCCC staff will provide weekly support to the seven supported housing Davis programs.
- ◆ Participation in groups with support services for the mentally ill including the Alliance for the Mentally Ill and Building Employment Support Teams (BEST).
- ◆ Developing rapport with landlords in Davis committed to community support and affordable housing.
- ◆ Developing additional housing opportunities.

## PERFORMANCE SCHEDULE

### Work Plan (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
33 unduplicated Davis residents who are very-low income and have been diagnosed with a chronic mental illness will be housed in Davis.	7/1/05 - 6/30/06
Activities which support services for those with a chronic mental illness will occur daily at the Regional Resource Center.	7/1/05 - 6/30/06
Weekly support (house meetings) will be given to Davis residents living in supported housing.	7/1/05 - 6/30/06

## PERFORMANCE MEASUREMENTS

<b>ACTIVITY</b> (What the program does to fulfill its mission)	<b>INDICATOR</b> (The direct products of program activities)  Service #s	<b>OUTCOME/GOAL</b> (Benefits that result from the program)
Mental health stability	Number of clients who are able to maintain their current level of housing without having admissions to either Safe Harbor or the hospital	80% of clients will not be admitted to Safe Harbor or the hospital
Reducing homelessness	Number of clients who are housed who would have been or would be homeless	70% of those housed were homeless or at risk of being homeless
Independent living skills	Number of clients who are able to improve or maintain their independent living skills, which ultimately results in the client's ability to maintain their housing	75% maintain or increase independent living skills
Incarceration rate minimization	Number of clients who are not incarcerated	95% of those housed remain out of jail
Vocational services	Number of clients who are employed, in Job Club, or are receiving vocational services	75% of those housed are engaged in work related activity

**CITY OF DAVIS  
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

***BUDGET SUMMARY FOR PROPOSED PROJECT\****

<b>Budget Category</b>	<b>Proposed Project “CDBG Portion”</b>	<b>Other Sources</b>	<b>Total</b>
A. Salaries and Wages	0	\$ 44,767	\$ 44,767
B. Fringe Benefits	0	\$ 4,322	\$ 4,322
C. Consultant/Contract Services	0	\$ 0	\$ 0
<b>TOTAL PERSONNEL BUDGET</b>	0	\$ 49,089	\$ 49,089
D. Office/ <b>Housing</b> Rent	0	\$ 150,186	\$ 150,186
E. Utilities	\$10,000	\$ 35,020	\$ 45,020
F. Telephone	0	\$ 8,131	\$ 8,131
G. Office/ <b>Program</b> Supplies	0	\$ 21,000	\$ 21,000
H. Equipment	0	\$ 6,462	\$ 6,462
I. Printing/Duplication	0	\$ 0	\$ 0
J. Travel/Conferences	0	\$ 19,400	\$ 19,400
K. Other (Training, Depreciation, Taxes, Insurance, Food, Janitorial, Administrative)	0	\$ 75,591	\$ 75,591
<b>TOTAL NON-PERSONNEL BUDGET</b>	\$10,000	\$ 315,790	\$ 325,790
<b>TOTAL PROJECT BUDGET</b>	\$10,000	\$ 364,789	\$ 374,789

\* Please revise this form and annotate budget items as needed

**NEW REQUIREMENTS:** All applicants are requested to submit a copy of their organization’s Operating Budget.

**Yolo Community Care Continuum Board of Directors  
FY 2004-2005**

<b><u>Name</u></b>	<b><u>Title</u></b>	<b><u>Profession</u></b>
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