

CITY OF DAVIS
2004-2005 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION

Organization Name: Yolo Community Care Continuum

Street Address: 1950 5th Street, Davis, CA 95616
Mailing Address: PO Box 1101, Davis, CA 95617
E-mail Address: main@y3c.org
Phone Number: 530.758.2160
Fax Number: 530.758.1386

Contact: Kate Hutchinson Address: PO Box 1101, Davis, CA 95617 Phone: 530.758.2160
(Be sure to list the best contact to get information to the organization as quickly as possible.)

Total Proposal Request: \$10,000.00

X On-going Support _____ New Project

CDBG Eligible Category: Public Service

National Objective Compliance/Low and Mod Benefit: Limited Clientele

City Council Identified Critical Needs: (See List C)

- 1) Prevention and other Social Services: Mental Health Services
- 2) Basic Human Needs: Homeless Prevention Services
- 3) _____

PUBLIC SERVICE X

NON-PUBLIC SERVICE _____

Beneficiary Information:

- 67 Total number of beneficiaries in program
28 Total number of beneficiaries in program served with CDBG funds
100% Percentage of the CDBG beneficiaries with low/moderate income
\$357 Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

PROJECT NARRATIVE

a. Need

New Dimensions Supportive Housing (NDSH) has been providing affordable housing in Davis since 1979 to people with a severe mental illness. Without support provided by NDSH the individuals served would be unable to live in the community, become homeless, require increased crisis hospitalization, and some would require long-term hospitalization.

This project has been funded by the State of California. Though the primary goals of the grant have been exceeded, due to the budgetary crisis of the State, the funding has been discontinued.

b. Benefit

Services provided by NDSH teach Davis clientele skills necessary to maintain housing such as managing symptoms of mental illness, health care, and independent living skills. Each of the Davis residents (100%) served qualifies as very-low income. The \$357 per recipient per year is a very economical way to support clients. Affordable housing is then provided to NDSH clients through supplementing rent and via Section 8. Support services provided by NDSH staff enable residents to maintain their housing. Services include aiding in developing and maintaining independent living skills such as shopping, meal planning, cooking, laundry and cleaning. Residents are assisted in illness management and in keeping psychiatric and medical appointments. NDSH staff helps residents to obtain benefits and rent subsidies ensure compliance with safety regulations and oversee maintenance of the house. When clients know how to manage their symptoms, they are encouraged to participate in vocational services that help clients participate in the community by engaging in work, school and volunteer opportunities.

There are 28 NDSH rooms available for supportive housing in Davis. In the past three years, SHIA funding support has enabled the supportive housing clients to increase their independent living skills, move to lower levels of care, and increase their medical/health knowledge.

Critical needs addressed include prevention of homelessness and socialization for chronically mentally-ill and disabled residents.

c. Other Resources and Collaboration

Funding for NDSH is provided through the following: Yolo County Department of Alcohol, Drug and Mental Health Services (YCDADMHS). Volunteers have included UC Davis Graduate School of Management, the Alliance for the Mentally Ill, AmeriCorp, and mental health consumers.

YCCC collaborates with the community through various means including the Yolo County Homeless Coalition. The NDSH Division Head also works to develop relationships with local landlords to develop rentals to be used for NDSH.

d. Organizational Capacity

Yolo Community Care Continuum was incorporated in 1979. The primary funding source is YCDADMHS which contracts with YCCC because services provided are effective in helping individuals manage their illness and are a cost-effective means of providing critical services. Services provided through NDSH are accredited by CARF for the vocational component. CARF accreditation ensures that program services, and agency procedures, meet nationally recognized standards for management and service delivery.

SCOPE OF SERVICES

a. Project Description

Funding from Davis CDBG offsets the cost of operating expenses for the program. NDSH uses a scattered site, congregate model. NDSH rents houses from local landlords. Each resident has his/her own room, kitchen and common areas are shared. Residents pay one sum each month to cover rent, utilities, cable, phone and maintenance. This simplifies the bill paying process for residents and averts financial difficulties that often result when a resident goes through a period of not being psychiatrically stable.

NDSH staff provides individualized services to each resident and to each household as a group. Services provided include teaching independent living skills such as meal planning, shopping, cooking, cleaning, and laundry. Staff meets weekly with each household as a group to ensure that the household is running smoothly, to mediate any roommate difficulties, and to provide opportunities for socialization.

In addition to individualized and group support, services include locating housing, providing clinical and medical support, teaching vocational skills, providing rent subsidies if necessary, ensuring safety and maintenance of each property, and providing transportation of clients to appointments. The NDSH program service also provides transportation to other mental health services located in Woodland including the Yolo County Conservator's office, medical appointments, and the offices of YCDADMHS.

Mental health clients are also encouraged to participate in other YCCC services such as the representative payee program and day rehabilitation.

Individuals without support in housing may lose their housing when an increase of psychiatric symptoms occurs. The cost of supportive housing ensures that mentally ill Davis residents will get the services they need to live effectively and productively in the community.

Due to the chronic nature of these illnesses, many of the individuals served are unable to live independently with out support from a mental health program. However, with training, support and a sense of hope, many individuals are able to not only live independently but also to maintain competitive employment in the community.

b. Target Group

Funding will enable 28 persons diagnosed with a mentally illness who have a very-low income and are Davis residents to have housing in Davis. The individuals served all have a diagnosis of serious and persistent mental illness which includes diagnoses such as schizophrenia and manic-depression. Individuals served by YCCC qualify as very-low income under federal guidelines. Often the mental illness is compounded by other health problems, substance abuse, and poverty. Homelessness is the result.

c. Outreach

Outreach will include:

- ◆ Coordination of service planning with YCDADMHS, a primary referral source.
- ◆ Participation in the Homeless Coalition to coordinate community resources.
- ◆ YCCC staff will provide weekly support to the seven supported housing Davis programs.
- ◆ Participation in groups with support services for the mentally ill including the Alliance for the Mentally Ill and Building Employment Support Teams (BEST).
- ◆ Developing rapport with landlords in Davis committed to community support and affordable housing.

TIMELINE REVISED

Work Plan

<u>List Activity</u>	<u>Completion Date</u>
28 unduplicated Davis residents who are very-low income and have been diagnosed with a chronic mental illness will be housed in Davis.	7/1/04 - 6/30/05
Counting each day as a unit of service, 9,198 units of service will be provided to very-low income Davis residents.	7/1/04 - 6/30/05
Daily coordination of service with YCDADMHS Case Managers will take place.	7/1/04 - 6/30/05
Agency participation in activities which support services for those with a chronic mental illness will occur monthly.	7/1/04 - 6/30/05
Weekly support (house meetings) will be given to Davis residents living in supported housing.	7/1/04 - 6/30/05

**CITY OF DAVIS
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project	Other Sources	Total
A. Salaries and Wages	\$ 0	\$ 285,892	\$ 285,892
B. Fringe Benefits	\$ 0	\$ 20,285	\$ 20,285
C. Consultant/Contract Services	\$ 0	\$ 4,246	\$ 4,246
TOTAL PERSONNEL BUDGET	\$ 0	\$ 310,423	\$ 310,423
D. Office Rent	\$ 0	\$ 54,458	
E. Utilities	\$ 0	\$ 0	
F. Telephone	\$ 780	\$ 780	
G. Office Supplies	\$ 2,000	\$ 2,000	
H. Equipment	\$ 0	\$ 0	
I. Printing/Duplication	\$ 0	\$ 0	
J. Travel/Conferences	\$ 1,400	\$ 1,400	
K. Other (Specify) Program/Medical Supplies	\$ 5,820	\$ 5,820	
TOTAL NON-PERSONNEL BUDGET	\$ 10,000	\$ 10,000	
TOTAL PROJECT BUDGET	\$ 10,000	\$ 10,000	

*** Please revise this form and annotate budget items as needed**

NEW REQUIREMENTS: All applicants are requested to submit a copy of their organizations 2002-2003 Year-End Operating Budget, a copy of their 2003-2004 (Current) Operating Budget and a copy of their proposed 2004-2005 Operating Budget.

COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM

BUDGET SUMMARY FOR PROPOSED PROJECT*

Budget Category	Proposed Project	Other Sources	Total
A. Salaries and Wages	\$ 0	\$ 285,892	\$ 285,892
B. Fringe Benefits	\$ 0	\$ 20,285	\$ 20,285
C. Consultant/Contract Services	\$ 0	\$ 4,246	\$ 4,246
TOTAL PERSONNEL BUDGET	\$ 0	\$ 310,423	\$ 310,423
D. Office Rent	\$ 0	\$ 54,458	\$ 54,458
E. Utilities	\$ 0	\$ 7,592	\$ 7,592
F. Telephone	\$ 780	\$ 3,420	\$ 4,200
G. Office Supplies	\$ 2,000	\$ 8,080	\$ 10,080
H. Equipment	\$ 0	\$ 10,234	\$ 10,234
I. Printing/Duplication	\$ 0	\$ 820	\$ 820
J. Travel/Conferences	\$ 1,400	\$ 7,700	\$ 9,100
K. Other (Specify) Program/medical supplies, insurance, technology, administrative, etc.	\$ 5,820	\$ 112,556	\$ 118,376
TOTAL NON-PERSONNEL BUDGET	\$ 10,000	\$ 204,860	\$ 214,860
TOTAL PROJECT BUDGET	\$ 10,000	\$ 515,283	\$ 525,283

* Please revise this form and annotate budget items as needed

NEW REQUIREMENTS: All applicants are requested to submit a copy of their organizations 2002-2003 Year-End Operating Budget, a copy of their 2003-2004 (Current) Operating Budget and a copy of their proposed 2004-2005 Operating Budget.