

**CITY OF DAVIS**  
**2004-2005 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**Organization Name: DAVIS COMMUNITY MEALS**

Street Address: 1111 H Street, Davis, CA 95616  
Mailing Address: P.O. Box 72463, Davis, CA 95617  
E-mail Address: DCMBillP@juno.com  
Phone Number: (530) 756-4008  
Fax Number:

Contact: Bill Pride Address: P.O. Box 72463, Davis, CA 95617 Phone: (530) 756-4008

(Be sure to list the best contact to get information to the organization as quickly as possible.)

**Total Proposal Request: \$25,980.00**

(Check One) X On-going Support \_\_\_\_\_ New Project

**CDBG Eligible Category: Public Service**  
(See List A)

**National Objective Compliance/Low and Mod Benefit: Limited Clientele**  
(See List B)

**City Council Identified Critical Needs: (See List C)**

- 1) Homeless Prevention Services
- 2) Hunger Prevention Services
- 3) \_\_\_\_\_

PUBLIC SERVICE X

NON-PUBLIC SERVICE \_\_\_\_\_

**Beneficiary Information:**

935 Total number of beneficiaries in program  
595 Total number of beneficiaries in program served with CDBG funds  
100% Percentage of the CDBG beneficiaries with low/moderate income  
\$43.66 Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

## Project Narrative

### a. Need

Davis Community Meals (DCM) provided 4,678 meals to 340 unduplicated low-income and homeless individuals and families in 2003. DCM also operates a year-round emergency shelter, transitional housing programs, and day shelter/resource centers. In 2003, our emergency shelter and transitional housing program for adult men and women at 1111 H Street provided overnight accommodations to 122 unduplicated individuals who spent a total of 5,469 bed nights in the shelter (94% occupancy rate). Our Family Transitional Housing Program provided housing to 14 families during 2003. The families consisted of 14 adults and 26 children. They spent a total of 8,085 bed-nights in our facilities. Our Day Shelter/Resource Center provided services to 433 unduplicated individuals, 228 adults and 205 children. Of the total number served in all of our programs, there were 264 homeless men, women and children. 42 were homeless veterans. The services provided in our resource centers may be as simple as a shower or laundry service or as extensive as employment assistance, drug/alcohol counseling, parenting classes and child development services, or life skills counseling. Every person served was low or very low-income. The number of individuals served points to the need for homeless prevention services, hunger prevention services, and the housing services offered by our programs.

### b. Benefit

The meals offered at St. Martin's Church on Tuesdays and Saturdays are balanced and ample in both variety and quantity. They provide a nourishing and well-balanced nutritional meal to individuals and families who might not otherwise receive any meal.

DCM's emergency shelter, transitional housing programs and resource centers address many problems in the community. The first is the problem of homelessness. Homeless clients work toward identified goals of self-sufficiency and obtaining permanent housing with the encouragement and assistance of staff, volunteers, and their peers. The shelter and resource center work together to assist low-income and/or homeless individuals and families to achieve self-sufficiency and thereby increase self-esteem and participation in society

Providing a variety of services, from housing and benefit counseling, to assistance in searching for employment and referrals to mental and other health services, the resource center gives homeless and other low-income Davis residents a place to identify and meet their needs.

### c. Other Resources and Collaboration

Funding for the 2004-2005 operations of DCM will be derived from a number of sources: individuals, business and corporate donations, contributions from non-profits, fundraising events, Yolo County Community Services Block Grant (CSBG), Davis CDBG, the Emergency Housing Assistance Program (EHAP), the Emergency Food and Shelter Program (EFSP formerly known as FEMA), Federal Emergency Shelter Grants (FESG), HUD Supportive Housing Program, and state/county CDBG funding. We will continue to apply for these funds and other available funding sources. The shelter, resource center, and transitional housing programs rely extensively on community volunteers. The meals

program is staffed entirely by volunteers from the community. We receive substantial in-kind donations, such as food, clothing, and blankets, to assist our clients in all of our programs.

We are a member of the Yolo County Homeless Coalition, a collaboration between Yolo Wayfarer Center, Broderick Christian Center, STEAC (Short Term Emergency Aid Committee), the Food Bank of Yolo County, Yolo Community Care Continuum, Yolo Crisis Nursery, SADVC (Sexual Assault and Domestic Violence Center), Yolo County Department of Social Services, Yolo County Department of Alcohol, Drug, and Mental Health, and other organizations to serve the needs of the homeless and low-income in Yolo County. We collaborate with Hands Together and Communicare Health Centers operating the Davis Family Resource Center.

**d. Organizational Capacity**

Davis Community Meals is a nonprofit 501(c)(3) corporation, governed by a Board of Directors, which is elected annually to overlapping terms by the general membership. DCM officially incorporated in August 1990 and began operations as a meals program in February 1991. The shelter and resource center began operating in 1993. The transitional housing program began in 1995. The Family Transitional Housing Program and Family Resource Center began operations in 2001. We currently employ 12 staff. Our target population is not served with these services by any other organization in the City of Davis.

**Scope of Services**

The CDBG funding requested in this proposal will fund the following described programs:

**1. Emergency Shelter/Transitional Housing Program for Adult**

**Individuals-**The emergency shelter/transitional housing program for adult men and women and the resource center is located at 1111 H Street. The emergency shelter/transitional-housing program accommodates 16 people per night (12 men and 4 women), not including overnight staff and volunteers. Of the 16 available beds 14 are reserved for persons in our transitional housing program and at two are reserved for emergency shelter. Clients in our transitional housing program are allowed to stay up to a maximum of 18 months. Clients in our emergency shelter program are limited to staying for seven consecutive nights with a maximum of 21 nights per year. All clients in this program fall into the very low income and no income category.

The emergency shelter/transitional housing program for adult men and women is staffed by an program supervisor/career counselor, case manager, substance abuse counselor, resource center coordinator, volunteer coordinator, paid overnight staff and a large number of volunteers. Supportive services are offered to clients in our transitional housing program such as life skills training, employment counseling, substance abuse counseling, mental health counseling, public benefit counseling, referrals to other public and private agencies, and permanent housing counseling and assistance.

**2. Day Shelter/Resource Center-**The resource center is located with the shelter in the same facility, and is open Monday through Friday, 8:00 a.m. to noon. At the resource center, staff and trained volunteers provide housing assistance, benefit

counseling, employment assistance and mental health and substance abuse referrals to homeless and low-income community members. It also allows homeless and low-income individuals and families a place to shower, wash clothing, make telephone calls, receive food, clothing and blankets, and other similar services.

The Family Resource Center is open weekdays from 8:00 a.m. to 2:00 p.m. at 1111 H Street. This is a collaborative project involving Hands Together, Communicare Health Centers and DCM using Proposition 10 funding. It involves a Sister/Friend providing case management services and our resource center coordinator providing services to a target population of families with minor children ages 0-5. Services are offered in the areas of child development, parent/child playgroups, substance abuse counseling, employment counseling, food, clothing, mentoring, parenting classes, life skills classes, and permanent housing assistance.

**3. Family Transitional Housing Program-**The Family Transitional Housing program provides transitional housing services for eight families at scattered sites in Davis, including 512 5<sup>th</sup> Street. Supportive services are offered to clients such as life skills training, employment counseling, substance abuse counseling, mental health counseling, public benefit counseling, referrals to other public and private agencies, and permanent housing counseling and assistance.

All of the CDBG funding sought in this proposal will be used for direct services to homeless and low-income individuals. A portion of the funding is intended for the salaries of personnel such as overnight staff, case managers, resource center coordinator, substance abuse counselor and volunteer coordinator. The balance of the funding is for operating expenses.

**b. Target Group**

DCM expects to serve 250 individuals at our meals program, 125 individuals in the shelter/transitional-housing program, 15 families in the family transitional housing program, and 350 individuals in the resource center. The persons served will range from persons with no income to the very low and low income. We will provide approximately 5,256 bed nights in the shelter and 6,500 bed nights in the family transitional program. Beneficiaries of these programs are homeless and/or low- or very low-income individuals and families residing in the city of Davis, Yolo County.

**c. Outreach**

Information about the meals program, homeless shelter and resource center is now well known in Davis among the target population and likely referral centers (welfare and health agencies, police department, religious organizations). In addition, information is publicized through a variety of sources:

- Articles in local newspapers: *Davis Enterprise, California Aggie.*
- Fliers posted in high traffic areas where they are likely to be seen by intended beneficiaries (e.g., public transportation centers, Yolo County Department of Social Services, local religious establishments, grocery store bulletin boards).
- "Business cards" with information on the meals program.

- Referrals from local service providers, such as Communicare, STEAC, Yolo Community Care Continuum, Yolo County Mental Health, Mental Health Association.
- Word-of-mouth.
- Police Department officers have been informed about shelter intake and bed reservation procedures enabling them to share this information with prospective beneficiaries.

Additionally, Davis Community Meals in collaboration with the Davis Police Department and Yolo County Mental Health operate the Street Outreach Program. The program is supported by DCM staff, a mental health worker, and a Davis Police Officer who spend several hours weekly visiting homeless individuals in various areas of town. The team seeks to meet some immediate needs of food, clothing and other necessities of the individuals encountered. They provide a card to them that explains a wide variety of supportive services available to them in Davis and Yolo County and the appropriate contact information, especially mental health and substance abuse programs. The long-term goal of the program is to convince these chronically homeless individuals to accept supportive services and become housed, whether in a shelter or supportive housing environment.

## TIMELINE

### List Activity

### Completion Date

#### **Emergency Shelter and Transitional Housing:**

Conduct volunteer training and recruitment	Monthly
Fundraising	Ongoing
Operate homeless shelter	Ongoing, year-round
Conduct evaluation	September 2004
AfterCare Program	February 2005
Evaluate Data Collection	September 2004
Family Emergency Shelter	March 2005

#### **Resource Center:**

Refine and enhance current programs	Ongoing
Conduct outreach to potential clients	Ongoing
Train and recruit volunteers	Ongoing
Conduct evaluation	October 2004
Evaluate Data Collection	September 2004

#### **Family Transitional Housing**

Conduct Outreach	Ongoing
Evaluate Data Collection	September 2004
Permanent Site Acquisition	December 2004

**CITY OF DAVIS  
COMMUNITY DEVELOPMENT BLOCK GRANT PROGRAM**

**BUDGET SUMMARY**

<b>Budget Category</b>	<b>Proposed Project</b>	<b>Other Source</b>	<b>Total</b>
A. Salaries and Wages	\$10,500	\$161,688	\$172,188
B. Fringe Benefits and Payroll	\$1,860	\$35,244	\$37,104
C. Consultant/Contract Services			
<b>Total Personnel Budget</b>	<b>\$12,360</b>	<b>\$196,932</b>	<b>\$209,292</b>
D. Rent (Family THP monthly rent)	\$8,000	\$40,180	\$48,180
E. Utilities	\$1,000	\$9,000	\$10,000
F. Telephone	\$400	\$3,600	\$4,000
G. Office/House Supplies and Postage	\$1,000	\$8,700	\$9,700
H. Equipment-drug testing supplies	\$500	\$2,000	\$2,500
I. Printing/duplication	\$400	\$4,600	\$5,000
J. Travel/Conferences	\$150	\$200	\$350
K. Insurance	\$570	\$5,130	\$5,700
L. Transportation**	--	\$1,200	\$1,200
M. Food Procurement	--	\$5,000	\$5,000
N. Other Office expense (accounting, misc.)	\$600	\$4,235	\$4,835
O. Other Facility expense (taxes, maint.)	\$1,000	\$6,450	\$7,450
P. Other Program expenses()	--	--	\$2,400
<b>TOTAL NON PERSONNEL BUDGET</b>	<b>\$13,620</b>	<b>\$90,295</b>	<b>\$103,915</b>
<b>TOTAL PROJECT BUDGET</b>	<b>\$25,980</b>	<b>\$287,227</b>	<b>\$313,207</b>

**\*Please Revise this form and annotate budget items as needed.**