

**CITY OF DAVIS**  
**2003-2004 COMMUNITY DEVELOPMENT BLOCK GRANT APPLICATION**

**Organization Name:** City of Davis, Parks and Community Services (Inclusive Recreation Program)

Street Address: 111 Anderson Road

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Contact: Donna Silva, Director, Parks and Community Services Department

Address: 23 Russell Blvd. Davis, CA 95616

Phone: 530-757-5626

(Be sure to list the best contact to get information to the organization as quickly as possible.)

**Total Proposal Request:**                    **\$ 14,200**

(Check one)      x   On-going Support                           New Project

**CDBG Eligible Category:** Public Service

**National Objective Compliance/Low and Mod Benefit:** Limited Clientele

**City Council Identified Critical Needs:**

1) Mental Health Services

PUBLIC SERVICE   x  

NON-PUBLIC SERVICE              

**Beneficiary Information:**

<u>130</u>	Total number of beneficiaries in program
<u>130</u>	Total number of beneficiaries in program served with CDBG funds
<u>90 %</u>	Percentage of the CDBG beneficiaries with low/moderate income
<u>\$109</u>	Cost per CDBG beneficiary (CDBG Request/CDBG Beneficiaries)

## PROJECT NARRATIVE

### a. Need

Recreation and leisure experiences are key ingredients to the quality of life. Numerous studies demonstrate that positive social interactions promote prolonged active mental and physical health. Although federal and state laws have increased community access for the disabled, most experts agree that people with disabilities, as a group, have fewer opportunities in our society and are disadvantaged socially.

The Center for Disease Control estimates that 17% of United States children and teens are diagnosed with developmental disabilities. The local Alta California Regional Center indicates that they serve approximately 4,000 disabled children, youth and adults in Yolo County. The need to provide support for individuals enrolled in typical recreation classes, as mandated by the Americans with Disabilities Act of 1990, is on-going.

Pine Tree Gardens, a mental health facility, serves an extremely undeserved population. A portion of the CDGB funds requested will provide support to Pine Tree Gardens so that they may continue to meet the unique and significant recreational need of persons with mental disorders.

Over 1600 hours of support services were provided to disabled children in 2002 to enable them to participate in typical recreation programs including gymnastics, sports camps, playground programs, trips, cooking camp, horseback riding, and swimming lessons. Without support, the participation of these individuals would not have been possible. The participants, whose disabilities included autism, cerebral palsy, down's syndrome, and neurological disorders, interacted positively with other participants, learned new recreational skills and gained confidence in their abilities.

### b. Benefit

The purpose of the Inclusive Recreation Program is to enhance the quality of life for persons with disabilities through access to recreation and leisure pursuits. All of the recipients have a critical need for "mental health services – socialization for chronically mentally-ill and disabled". The adults with disabilities served are living on SSI or SSA.

### c. Other Resources and Collaboration

In addition to CDBG funding, the City of Davis, Parks & Community Services Department provides funding for the Alternative Recreation and Inclusive Recreation Program. The Americans with Disabilities Act requires the City of Davis to provide support to allow individuals in the community to participate in City of Davis recreation programs. The City provides this support through the Inclusive Recreation Program. If CDBG funding for Inclusive Recreation is cut, the City Council will consider reducing other programs for the disabled in order to fund the Inclusive Recreation Program. This includes the Alternative Recreation program, a program for the developmentally disabled, and also programs for the mentally ill.

It has been difficult to use volunteers in the Inclusive Recreation Support Service Program because the

staff require knowledge of a wide variety of disabilities and experience working with individuals with disabilities.

We are unaware of any organization other than Pine Tree Gardens that provide recreational experiences for persons with mental illnesses. There are no other groups in Davis that specifically provide support to enable disabled individuals to fully participate in recreation programs.

**d. Organizational Capacity**

The Alternative Recreation program administers this project, under the umbrella of the City of Davis, Parks & Community Services Department. The Department has provided recreation services for persons with disabilities for 30 years. The City Council serves as the Board of Directors.

The Inclusive Recreation Program fills a niche that is not filled by any other organization in Davis. The sole mission of inclusive recreation is to ensure that individuals with disabilities participate in meaningful recreation activities with their non-disabled peers as mandated by law.

## **SCOPE OF SERVICES**

**a. Project Description** (Activity Summary: Describe the activities of the proposed budget)

The Inclusive Recreation Program will provide recreational opportunities for persons with both developmental disabilities and mental illnesses by providing support and necessary accommodations for individuals to attend City of Davis classes and programs. Developmental disabilities include autism, cerebral palsy, mental retardation, epilepsy and other neurological conditions that impair cognitive development. Mental illnesses include, but are not limited to, bi-polar disorders, severe phobias, schizophrenia and manic depression. Typically, a ratio of one staff person per participant is required to allow a disabled person to fully participate in a recreation program. No other agency in Davis provides support to “include” the disabled in recreation programs. Recreation programs for the mentally ill will also be provided through this grant. The programs will be provided by Pine Tree Gardens, an organization that serves the mentally ill. Pine Tree Gardens will provide a wide variety of classes and activities to the mentally ill (e.g. dances, sing-a-longs, exercises classes, art programs, field trips).

The City’s cost per beneficiary cannot be compared to other agencies since the service is not provided by other agencies.

Although this program is open to the homeless, in the past, there have not been any homeless participants.

100% of the CDBG funds will be used to directly fund programs for CDBG eligible clients.

**b. Target Group**

This project will serve 130 low to moderate income individuals.

**c. Outreach**

The City of Davis, Parks & Community Services Department publishes a Recreation Schedule three times a year, which lists class schedules and programs available to the community. In addition, flyers and press releases in the newspaper are utilized to advertise programs.

The Alternative Recreation Coordinator conducts presentations to various community groups in order to publicize the Inclusive Recreation Program and it's services.

Information about the Alternative Recreation program is mailed out monthly to special education teachers, social service case managers, other disabled service providers and interested community members.

## TIMELINE

**Work Plan** (Identify activities and completion dates)

<u>List Activity</u>	<u>Completion Date</u>
<b>Staff Training</b>	<b>Quarters 1 – 4</b>
Networking with Pine Tree Gardens	Quarters 1 – 4
Program Publicity	Quarters 1 – 4
Maintain Accurate Attendance and Account Records	Quarters 1 – 4
Program Evaluation	Quarters 1 – 4

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***BUDGET SUMMARY FOR PROPOSED PROJECT\****

<b>Budget Category</b>	<b>Proposed Project</b>	<b>Other Sources</b>	<b>Total</b>
A. Salaries and Wages	\$12,100	\$22,345	\$34,445
B. Fringe Benefits	0	\$14,104	\$14,104
C. Consultant/Contract Services	\$2,100	\$2000	\$4,100
<b>TOTAL PERSONNEL BUDGET</b>	\$14,200	\$38,449	\$52,649
D. Office Rent	0	0	0
E. Utilities	↓	↓	↓
F. Telephone	↓	↓	↓
G. Office Supplies	↓	↓	↓
H. Equipment	↓	↓	↓
I. Printing/Duplication	↓	↓	↓
J. Travel/Conferences	↓	↓	↓
K. Other (Specify)	↓	↓	↓
<b>TOTAL NON-PERSONNEL BUDGET</b>	0	0	0
<b>TOTAL PROJECT BUDGET</b>	\$14,200	\$38,449	\$52,649

\* Please revise this form and annotate budget items as needed

**NEW REQUIREMENTS:** All applicants are requested to submit a copy of their 2002-2003 total Operating Budget and a copy of their proposed 2003-2004 Operating Budget.

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**2002 – 2003 OPERATING BUDGET**

<b>Budget Category</b>	<b>Proposed Project</b>	<b>Other Sources</b>	<b>Total</b>
A. Salaries and Wages	\$11,662	\$21,907	\$33,569
B. Fringe Benefits	0	\$13,828	\$13,828
C. Consultant/Contract Services	\$2,100	\$2000	\$4,100
<b>TOTAL PERSONNEL BUDGET</b>	\$13,762	\$35,735	\$49,497
D. Office Rent	0	0	0
E. Utilities	↓	↓	↓
F. Telephone	↓	↓	↓
G. Office Supplies	↓	↓	↓
H. Equipment	↓	↓	↓
I. Printing/Duplication	↓	↓	↓
J. Travel/Conferences	↓	↓	↓
K. Other (Specify)	↓	↓	↓
<b>TOTAL NON-PERSONNEL BUDGET</b>	0	0	0
<b>TOTAL PROJECT BUDGET</b>	\$13,762	\$35,735	\$49,497